Speak up and ask good questions. Reach out to your professors and ask the right questions to get the information you need for the exam. Be proactive and seek out your professors to clarify the topics. Here are a few questions you might ask your professors to prepare for finals.

- What information will the final cover, the semester so far or just the last few weeks of material?
- What study suggestions do they have to prepare?
- How many points or what percentage of the overall grade is the exam?
- Will study guides or in-class review sessions be offered?

Remember finals can be overwhelming. Take time for yourself, get plenty of rest, exercise, and drink water. One final study tip the whole team agrees will be helpful as it gets closer to finals week is to schedule out your day hour by hour. This will help you know when your next break is and you can see all that you've accomplished towards your preparation for finals.

It's never too early to develop a strategy to help you be successful for finals. Finals can be one of the most stressful times in the semester. We'd like to share with you a few tips to help you be successful for finals.
Practice before presenting. A lot of effort goes into creating semester long projects or projects that are assigned as the project final. Be sure to make time in your schedule while putting the final touches on this project to build in time to practice the presentation. Abby Tornow, the Vice President of Academics for the Collegiate Panhellenic Council, recommends “starting to practice the presentation at least one week before you are scheduled to give the presentation”.

Change up your environment. Try mixing up your study routine and study in a new environment. Being in a new location to study can help you focus in on the tasks at hand. Pick a location that is not distracting. Get to a location that is a change in environment. Lucas Petsche, the Vice President of Academics for the Inter-fraternity Council recommends “going to the Parks library as a location to study for finals”.

Stay on task. It can be really overwhelming to look at all of the things you have to review, study, write, or create for all of your finals. Mary Le, the Vice President of Academics for the Multicultural Greek Council, uses the strategy of “making a list and breaking it down piece by piece”. Breaking down each final piece by piece makes the tasks feel more manageable. And you’ll be less likely to feel overwhelmed and give up. Creating blocks of 30-40 minutes of time with specific tasks can really help you meet your goals for finals.
Have a plan for what topics to study and stick to it; don’t sacrifice your physical or mental health for the study process. Go in the exam, final paper, or project with confidence by believing in yourself and the efforts you’ve put in. You’ve got this. We know it!

Form a (virtual) study group. Working with a partner from the class or forming a small group of students from the class to discuss the material and quiz each other on the course work can help all of you be more prepared for the exam.

Make a finals study schedule. Check the course syllabus to confirm the date/time/location/duration/length/scope for the final to have an understanding of the responsibilities what you’ll need to complete for finals. Completing a project, studying for a comprehensive exam, or writing a paper all require different skills and time to complete and creating a plan to achieve each task will help you stay on task.
Supplemental Instruction, or SI, is a resource for students to review class material with a fellow student who has already taken the course. https://www.asc.dso.iastate.edu/supplemental

Tutoring Services provide extra help to students looking for more success in the classroom in the form of a tutor. https://www.asc.dso.iastate.edu/tutoring

The Academic Success Center provides a variety of academic resources for students such as workshops for midterms, finals, and more. https://www.asc.dso.iastate.edu/about-us
Resource Hub provides engineer and design students workspaces and materials needed to complete projects for their classes.
https://www.resourcehub.iastate.edu/

University Study Spaces are rooms students can use to study by themselves or with peers. The link above has the rooms and the schedule.

Student Assistance directs students to specific resources that suit their academic need.
https://www.studentassistance.dso.iastate.edu/
Student Health and Wellness connects students to resources to help them stay healthy both physically, and mentally. [Website](https://www.cyclonehealth.iastate.edu/)

Parks Library is the ideal spot for anyone trying to study or get homework done. There are plenty of floors catered to different study styles, so every student can be as productive as possible. [Website](https://www.lib.iastate.edu/)

The Writing and Media Center is a resource for students looking to improve on their communication skills, whether it's written, oral, visual, or electronic forms through peer tutoring. [Website](https://www.wmc.dso.iastate.edu/)