

**Iowa State University
Greek Week 2023 Rulebook:
March 26th – April 2nd**



**Empowering the
Community**

The Sorority and Fraternity Community at Iowa State is full of friendships, pride, and traditions. One of the oldest lasting traditions is Greek Week. Greek Week gives the members of the Sorority and Fraternity Community an opportunity to come together and celebrate for a week of friendly competitions, events, and awards. During Greek Week, it is expected that all chapters compete with enthusiasm, integrity, respect, and pride.

Active participation in Greek Week is voluntary and is limited to those who are listed on each chapter's roster. All participants MUST complete the Greek Week waiver in order to participate in any Greek Week event.

Those outside of the Sorority and Fraternity Community are encouraged to attend the planned events and competitions, but competition is limited to Sorority and Fraternity members only.

All Rules are subject to interpretation by Greek Week Central with final say designated to the Executive Directors and The Office of Sorority and Fraternity Engagement Staff. Executive Directors reserve the right to change any rule prior to any event, notice will be provided in writing to chapters for any rule change.

Note: *Greek Week is a student-led initiative. Please remember you are representing the Sorority and Fraternity Community, Iowa State University, and the greater Ames community. We expect to see our community values in action at all times. Greek Week Central wishes you a week full of fun and friendly competition. Best of luck!*

Greek Week 2023

Alcohol and Substance Policy

1. This policy will apply to all members of the Sorority and Fraternity Community.
2. All chapters with facilities are subject to their current alcohol policy in addition to the rules of Iowa State University, the laws of the City of Ames, and the state and the federal government-- i.e. CPC organizations shall have no alcohol on their premises at any time, IFC organizations will conduct their behavior in alignment with their assignment of being alcohol-prohibited, alcohol-restricted, or alcohol-permitted.
3. Chapters without a facility are subject to the rules and regulations of their local chapter bylaws, national organization policies, Iowa State University, state and federal law, and the premises which they are on at any given time.
4. Organizations may register functions. All functions must be registered appropriately (e.g. The Office of Sorority and Fraternity Engagement). Any function found to be unregistered may result in one or more chapters being charged as such through their respective council or the university. All event registration rules apply regardless of alcohol involvement or not.
5. Teams that host unregistered events at the conclusion of Greek Week are still subject to point deductions and if necessary, will be required to forfeit any titles and trophies.
6. Individuals who are of age (21) may choose to responsibly consume alcohol at registered events, bars, restaurants, etc. All state and federal laws apply.
7. All Greek Week events are alcohol and drug free and no substances may be brought to a Greek Week event at any time. This includes anywhere within eyesight of Greek Week events, regardless of private property.
8. If any individual is found during or after Greek Week to have knowingly contributed to the concealment of an unregistered event or underage alcohol consumption or distribution, it will be encouraged that they are charged through the appropriate channel(s)- Chapter Standards Boards, Office of Sorority and Fraternity Engagement, and the Office of Student Conduct.
9. Regardless of age, if an individual is suspected to be intoxicated or under the influence of drugs at a Greek Week event, any member of Greek Week Central may ask that individual to leave.
10. Regardless of age, if an individual is suspected to have alcohol, or be responsible for the intoxication of underage students at a Greek Week event- any member of Greek Week Central may notify Greek Week Executive Directors, and a member of Greek Week Central will remain with that individual until the ISU or Ames police can be called.

Greek Week 2023

Alcohol and Substance Policy

ALCOHOL AND SUBSTANCE VIOLATION CONSEQUENCE

10. A team's first alcohol or substance violation will result in a deduction of 400 points from the individual's team's current total Greek Week point accumulation. A team's second violation will result in a deduction of 500 points from the individual's team's current total Greek Week point accumulation. A team's third alcohol or substance violation will result in the individual's team being disqualified from all Greek Week competitions. Additionally, the Greek Week Team Co-Chairs will be called to an immediate conference with the Office of Sorority and Fraternity Engagement staff and Greek Week Executive Directors.
11. If any member of Greek Week Central, Crew, or Chapter Leadership knows an individual is violating rules 1-9 of this policy, they are responsible for notifying the Greek Week Adviser and Executive Directors. Failure to notify will result in the following consequences: a reprimand from the Office of Sorority and Fraternity Engagement, a conference call with national organization representatives for Chapter Leadership, and immediate removal from office for Greek Week Central or Crew members. If a Greek Week Crew member is removed from office, the team will lose the points for that member's participation.
12. If any team is issued a second alcohol violation for any reason listed in this policy, the Greek Week Executive Directors and Office of Sorority and Fraternity Engagement staff will immediately disqualify the entire respective team from Greek Week 2023.

Greek Week 2023

Sportsmanship & Inclusion Policy

1. This policy will apply to all members of the Sorority and Fraternity Community.
2. Greek Week Teams are responsible for the conduct and actions of their members.
3. Unsportsmanlike conduct will not be tolerated at any time before, during, or after Greek Week (including both spectators and participants).
4. Unsportsmanlike conduct may refer to, offensive slurs and/or language, taunting, assault, or any other conduct deemed inappropriate by Greek Week Central or The Office of Sorority and Fraternity Engagement Staff.
5. Equal inclusion of participating chapters is required (i.e. engagement and decision making for the team, representation and participation in events, etc.).
6. Should a chapter wish not to participate in a particular event(s) with their respective team, documentation must be submitted in writing (emailed to gwced@iastate.com) to the Greek Week Executive Directors before the event begins by the particular chapter wishing not to participate. Submitting this documentation will prevent their respective team from violating the Inclusion Policy or potential point deductions in the particular Greek Week event (e.g. tournaments).
7. Should a member, group, or chapter feel they are not being equally included in the team, these particular individuals should report this to the Greek Week Executive Directors or SFE Staff. Approaching SFE Staff or Greek Week Executive Directors will remain confidential.
8. SFE Staff, Greek Week Executive Directors, and Greek Week Central will be monitoring sportsmanship and inclusivity at all Greek Week sponsored events including leading up to Greek Week (including content posted on social media).
9. Should a Sportsmanship or Inclusion Policy violation occur, the respective team co-chairs will be notified and a conference with Greek Week Executive Directors and SFE Staff will occur at the earliest convenience, or the team co-chairs will be approached at the respective event and informed that the particular behavior(s) will not be tolerated.
10. If a serious violation occurs, Greek Week reserves the right to deduct 300 points from the current total Greek Week point accumulation of the respective team (discretion of the Greek Week Executive Directors and SFE Staff).
11. Any unsportsmanlike conduct that is in violation of university policy will be reported to the appropriate university departments who will conduct their own investigations, including but not limited to: Title IX, Equal Opportunity, and the Office of Student Conduct.
12. Particular events of Greek Week (e.g. tournaments) may have additional consequences for these violations mentioned above. Please refer to the particular Greek Week event in the Rulebook for further explanation.
13. Three violations will result in the entire team being disqualified from Greek Week 2023. Each violation will be documented and shared with the team co-chairs as well as SFE Staff and appropriate university officials.
14. If a violation of this policy is reported after Greek Week, Central reserves the right to retroactively deduct points from the team's total score, including revocation of awards presented at Greek Week awards.
15. Example violations of this policy would include inappropriate "themes" for Lip Sync practices, offensive language in group chats, behavior which excludes any chapter from the team, etc.

Greek Week 2023 Information

Waivers:

Online waivers will be utilized for participation in this Greek Week 2023. **If participants do not have their waiver completed by the time of an event, they will not be able to participate in that event. If Lip Sync participants do not have their waiver completed by the time of the team CY Stephen's run through, they will not be able to participate in Lip Sync.** No late waivers will be accepted after that time.

Electronic Rosters:

The Chapter's Odysseus roster will be used to determine participation counts and dues for all active members (study abroad and other circumstances should be noted in Odysseus). Chapter Presidents and Team Co-Chairs will receive an email on February 5th reminding them to update Odysseus by Friday, February 10th at 5:00 PM. After 5:00 PM Friday, February 10th, Odysseus rosters will be final (i.e. no amendments will be made, no exceptions will be granted). If a new member signs a bid of membership after the deadline, they may be added to the team's roster by notifying gwced@iastate.edu and gwcfiscal@iastate.edu of their addition. The chapter will be charged for the addition of new members at the original per-member dues fee. Note: the check in computer system at Greek Week events will only accept those with "active" identification on the respective chapters' Odysseus roster.

Dues:

Chapters will be charged dues according to the posted Odysseus roster as of 5:00 PM on February 10th. After this time, additions to the roster will be charged a 25% late fee. No refunds will be granted to chapters. Dues shall be turned in to the Fiscal Director's mailbox in the Office of Sorority and Fraternity Engagement by Friday, Feb 24th at 5:00 PM. Dues turned in after February 24th at 5:00PM are subject to a 10% late fee. Checks are the ONLY accepted payment form. Please make checks out to **Iowa State Greek Week**. For a chapter to participate in Greek Week events, a full payment of dues must be made by Sunday March 26th (late fees will still apply).

Safety:

Safety is a priority for Greek Week Central. We ask that all participants use caution while competing in Greek Week events. Additionally, Greek Week Central asks that all spectators view events in a manner that is safe for both them and the participants. If spectators must move in order to ensure their safety or the safety of the participants Greek Week Central will ask them to move. Failure to abide with Central's request may result in point deductions or other consequences. Examples of this include but are not limited to: sitting on chapter facility roofs, riding on top or on the back of cars or trucks, and hanging out of windows.

2023 Greek Week Central

Position	Email
Executive Directors Emma Hamilton & Nathan Wetzel	gwced@iastate.edu
Advisors Billy Boulden Ansley Martin Karina Buttler Tiffany Contreras Michelle Talbott	bboulden@iastate.edu sfegrad1@iastate.edu kbuttler@iastate.edu tcontrer@iastate.edu mtalbott@iastate.edu
Community Service Directors John Ramirez & Zayna Bardawil	gwcservice@gmail.com
Special Olympics Directors Jack Whitehead & Mackenzie Patrick	gwcoia@iastate.edu
Crew Directors Olivia Kropp & Katie Saluk	gwccrew@iastate.edu
Culinary Directors Jessica Woodall & Libby Mullican	gwcculinary@iastate.edu
Fiscal Director Ian Torstenson	gwcfiscal@iastate.edu
Marketing Directors Bradleigh Schaefer & Jared Dooley	gwcmarketing@iastate.edu
Media Directors Calissa Weers & Sophia Kleese	gwcmmedia@iastate.edu
Lip Sync Directors Brittan Bowman & Melissa Eckert	gwclipsync@iastate.edu
Logistics Director Lauren Ratliff	gwcllogistics@iastate.edu
Olympics Directors Lydia Dayton & Braedon Heun	gwcolympics@iastate.edu
Spirit Directors Lily Brandes & Megan Kasprzak	gwcspirit@iastate.edu
Sponsorship Directors Ellie Blotsky & Heather Malis	gwcsponsorship@iastate.edu
Tournaments Directors Brandon Kamstra & Meg Larson	gwctournaments@iastate.edu
Technology Director Ethan Newell	gwctechnology@iastate.edu
Signature Events Director Emelia Lowe	gwcevents@iastate.edu

2023 Greek Week Teams

Team Name	Members	Team Name	Members
Greeks of the Galaxy	Alpha Gamma Rho Alpha Omicron Pi Delta Chi	GreekWorks	Theta Chi Kappa Delta Phi Kappa Sigma Delta Sigma Phi
Greeks Lightning	Tau Kappa Epsilon Pi Beta Phi	Greek Powers	Phi Delta Theta Sigma Kappa Adelante Pi Kappa Alpha
Greeks at the Museum	Delta Upsilon Alpha Phi ACACIA	The Greeks That Never Sleep	Theta Delta Chi Delta Delta Delta Alpha Kappa Lamda Pi Kappa Phi
Greeks School Musical	Alpha Sigma Phi Alpha Delta Pi Beta Sigma Psi	Greek Perfect	Delta Tau Delta Kappa Alpha Theta Theta Xi Sigma Phi Epsilon
GREEKside Out	Kappa Sigma Alpha Chi Omega Triangle	Disco Greeks	Phi Gamma Delta Delta Zeta
Arcade Greeks	Beta Theta Pi Kappa Kappa Gamma Sigma Alpha Epsilon	CLUE: Greek Edition	Phi Kappa Psi Gamma Phi Beta
The Wonderful Greeks of Oz	Phi Kappa Theta Chi Omega Alpha Sigma Kappa	Scooby Doo & The Greek Machine	Alpha Tau Omega Delta Gamma
Greeks Through Time	Farmhouse Alpha Gamma Delta Chi Phi		

Greek Week Schedule

Date	Time	Description	Location
Nov 28th	11:59 PM	All Co-Chairs Due	gwced@iastate.edu
Nov 29th	6:00 PM	General Co-Chair Meeting	0101 Carver
Nov 29th	7:00 PM	Central Meeting	0101 Carver
Nov 30th	-	Crew Applications Open	Qualtrics
Dec 7th	11:59 PM	Team Themes and Names Due	gwced@iastate.edu
Dec 7th	11:59 PM	Lip Sync Co-Chair Meeting	1210 Lebaron
Dec 18th	11:59 PM	Lip Sync Theme Patents & Practice Location Due	gwclipsync@iastate.edu
Jan 2nd	11:59 PM	Song Patents Due	gwclipsync@iastate.edu
Jan 9th	11:59 PM	Final Song Patents Due	gwclipsync@iastate.edu
Jan 13th	11:59 PM	Crew Applications Close	-
Jan 18th - 21st	-	Crew Interviews	-
Jan 21st	11:59 PM	Script Patents Due	gwclipsync@iastate.edu
Jan 24th	7:00 PM	Central Meeting	0202 Carver
Jan 29th	2:00 PM – 4:00 PM	Central Retreat	0464 Gerdin
Jan 29th	7 PM - 10PM	Lip Sync Practices Start	Facilities & Campus
Feb 5th	11:59 PM	Lip Sync Scripts Due	gwclipsync@iastate.edu
Feb 7th	6:00 PM	Crew Meeting	0202 Carver
Feb 7th	7:00 PM	Central Meeting	0202 Carver
Feb 11th	5:00 PM	Odysseus Rosters Due	Odysseus
Feb 12th	11:59 PM	Banner Patents Due	gwcspirit@iastate.edu
Feb 13th	-	Chapter Invoices Sent Out	gwcfiscal@iastate.edu
Feb 14th	6:00 PM	Gen-Co Meeting	1148 Gerdin
Feb 14th	6:00 PM	Crew Meeting	0145 Gerdin
Feb 14th	7:00 PM	Central Meeting	0145 Gerdin
Feb 19th	11:59 PM	Karaoke Patents & MP3 Files Due	gwcspirit@iastate.edu

Greek Week Schedule

Date	Time	Description	Location
Feb 19th	-	Lip Sync Stunt Approval	Facilities & Campus
Feb 20th	5:00 PM	Athlete Dinner Check-In	MU Pine Room
Feb 22nd	6:00 PM	Lip Sync Co-Chair Meeting	0001 Carver
Feb 22nd	6:00 PM	Crew Meeting	0202 Carver
Feb 22nd	7:00 PM	Central Meeting	0202 Carver
Feb 24th	11:59 PM	FOC Button Contest Submissions Due	-
Feb 24th	5:00 PM	Chapter Dues Due	Fiscal Mailbox in SFE Office
Feb 26th	11:59 PM	Final Script, Background Patents Due	gwclipsync@iastate.edu
Feb 26th	11:59 PM	Lip Off Requests Due	gwclipsync@iastate.edu
Feb 28th	6:00 PM	General Co-Chair Meeting	1148 Gerdin
Feb 28th	6:00 PM	Crew Meeting	0145 Gerdin
Feb 28th	7:00 PM	Central Meeting	0145 Gerdin
Mar 5th	11:59 PM	Walk-Out Songs Due	gwcevents@iastate.edu
Mar 6th	6:00 – 10:00 PM	Lip Offs	Iowa Farm Bureau Pavilion
Mar 7th	6:00 PM	General Co-Chair Meeting	1148 Gerdin
Mar 7th	6:00 PM	Crew Meeting	0129 Gerdin
Mar 7th	7:00 PM	Central Meeting	0129 Gerdin
Mar 10th	11:59 PM	Tournament Rosters Due	gwctournaments@iastate.edu
Mar 13th-17th	-	Spring Break	-
Mar 19th	7:00-10:00 PM	Final Audio & Props Due	Chapter Facilities & Campus
Mar 20th	11:59 PM	Greek Race Participants Due	gwcspirit@iastate.edu
Mar 22nd	6:00 PM	Lip Sync Co-Chair Meeting	0114 SICTR
Mar 22nd	6:00 PM	Crew & Central Meeting	0129 Gerdin
Mar 26th-April 2nd	-	GREEK WEEK!	-

2023 Greek Week Schedule

Date & Time	Item	Location
Sunday, March 26th 8:00 AM	Team Banner Display	Team Selected Chapter Facility
Sunday, March 26th 11:00 AM – 1:00 PM	Greek Race	Central Campus
Sunday, March 26th 1:00 PM – 2:00 PM	Opening Ceremony	Central Campus
Sunday, March 26th 2:00 PM – 4:00 PM	Special Olympics Unified Fest	Lied Recreation Facility
Monday, March 27th 8:00 AM – 2:00 PM	Day of Service	Reiman Gardens
Monday, March 27th 11:00 AM – 1:00 PM	Food on Campus	Central Campus
Monday, March 27th 6:00 PM – 10:00 PM	Volleyball Tournament	Lied Recreation Facility
Monday, March 27th 6:00 PM – 8:00 PM	Community Drive (Personal Hygiene)	Lied Recreation Facility
Tuesday, March 28th 10:00 AM – 2:00 PM	Polar Bear Plunge Pre-Registration	1310 Beyer
Tuesday, March 28th 11:00 AM – 1:00 PM	Food on Campus	Central Campus
Tuesday, March 28th 3:00 PM – 11:00 PM	Lip Sync Run-Throughs	CY Stephens Auditorium
Tuesday, March 28th 4:00 PM – 6:00 PM	ΛΑΡΠ and Bed Racer Checks	Greek Triangle
Tuesday, March 28th 5:30 PM – 6:30 PM	Keynote Speaker Evan Austin	CY Stephens Auditorium
Wednesday, March 29th 10:00 AM – 2:00 PM	Polar Bear Plunge Pre-Registration	0274 Carver
Wednesday, March 29th 1:00 PM – 3:00 PM	Food on Campus	Central Campus

2023 Greek Week Schedule

Date & Time	Item	Location
Wednesday, March 29th 6:00 PM – 10:00 PM	Treds Tournament	Lied Recreation Facility
Wednesday, March 29th 6:00 PM – 8:00 PM	Community Drive (Non-Perishable Foods)	Lied Recreation Facility
Thursday, March 30th 11:00 AM – 1:00 PM	Food on Campus	Central Campus
Thursday, March 30th 4:00 PM – 6:00 PM	ΛΑΡΠ and Bed Racer Checks	Greek Triangle
Thursday, March 30th 6:00 PM – 10:00 PM	Soccer Tournament	Lied Recreation Fields (weather permitting)
Thursday, March 30th 6:00 PM – 8:00 PM	Community Drive (Clothing Items)	Lied Recreation Facility
Friday, March 31st 11:00 AM – 6:00 PM	Polar Bear Plunge	Scheman Courtyard
Friday, March 31st 11:00 AM – 6:00 PM	Karaoke First-Cuts	Scheman Courtyard
Friday, March 31st 7:00 PM – 1:00 AM	Broomball Tournament	Ames/ISU Ice Arena
Saturday, April 1st 9:00 AM – 3:00 PM	Olympics	Greekland & Chapter House Locations
Saturday, April 1st 6:00 PM – 11:00 PM	Lip Sync Performances	CY Stephens Auditorium
Saturday, April 1st 6:00 PM – 11:00 PM	Karaoke Finals	CY Stephens Auditorium
Sunday, April 2nd 3:00 PM – 5:00 PM	Greek Week Awards Ceremony	CY Stephens Auditorium

Point Breakdown

Special Olympics: 340 points

- Polar Bear Plunge: 260 points
- Athlete Involvement: 80 points

Community Service: 320 points

- Day of Service: 200 points
- Community Drive: 120 points

Lip Sync: 300 points

Tournaments: 270 points

Olympics: 270 points

Spirit: 270 points

- Greek Race: 70 points
- Karaoke: 85 points
- Banner: 30 points
- Interaction/Overall Spirit: 75 points

Keynote: 130 points

Opening Ceremony: 100 points

Crew: 70 points

Total: 2,070 points

For each scoring section, the team's points earned in that section is evaluated as a percentage of the best scoring team. That percentage will then be multiplied by the maximum possible points in the section to find the team's score. (ex. If Team A earned 180 of the 270 points possible in spirit events and the best scoring team in the spirit section earned 200, Team A would have earned 90% of the best team's score. Therefore, Team A would have a resulting score of 243 for spirit and Team B would have a resulting score of 270 = the worth of the spirit section.)

Special Olympics: Polar Bear Plunge

Information:

This year is Greek Week's 26th annual Polar Bear Plunge. Each year, members of the Sorority and Fraternity community raise money and plunge in support of the Special Olympics of Iowa. The proceeds of this event go toward various Special Olympics programs and athletes. The Ames Polar Bear Plunge is Iowa's largest fundraiser which brings in thousands of dollars annually. Each year is a new and exhilarating experience that helps these talented athletes.

Date: Friday, March 31st 11:00 am – 6:00 pm

Fundraising:

Team Co-Chairs must have their team page created by midnight on Friday, February 11th, 2023.

Fundraising opens: February 1st, 2023, at 10:00 am

Fundraising closes: March 31st, 2023, at 10:00 pm

***There will be NO extensions, regardless of circumstances.**

Early registration:

Tuesday, March 28th, 10:00 am - 2:00 pm, Room 1310 Beyer Hall

Wednesday, March 29th, 10:00 am - 2:00 pm, Room 0274 Carver Hall

Day of Check-in:

Friday, March 31st, 2023, 11:00 am - 6:00 pm at the Polar Bear Plunge @ Scheman Courtyard

Special Olympics Directors

Mackenzie Patrick

Jack Whitehead

(630) 363-2464

(515) 829-6728

gwcsoia@iastate.edu

Special Olympics: Polar Bear Plunge

Requirements:

- Any member can plunge, however, in order to count to a team's plunging total, the member must have raised a minimum of \$75 by fundraising close (10 pm).
- Fundraising closes on Friday, March 31st, 2023, at 10 pm.
- The Special Olympics Directors will cross reference a list of who has swiped in to plunge and who has raised the minimum of \$75.
- If a participant plunges and does not raise the \$75 by 10:00 pm on March 31st, 2023, they will be removed from the team's total plunge percentage.

Points determined by:

Teams can earn up to 130 points through fundraising and 130 points through plunging. These two aspects of Polar Bear Plunge will be evaluated separately. The points earned for each section will be determined using the weighted scoring structure (each team's fundraising and plunge totals will be taken as a percentage of the best performing team, then multiplied by the 130 points possible for the section). Each team's fundraising and plunging performance will be evaluated based off the size of the team

Special Olympics: Polar Bear Plunge

Plunge Times:

Below are the plunge times for each team. Teams are recommended to plunge during their assigned times but encouraged to stay and watch their team's karaoke performance and enjoy some food and music.

Plungers Outside of Designated Time:

If a team member cannot make the plunge time assigned to their team, the team must contact gwcsoia@iastate.edu with a list of members who will be coming to the designated plunge time from 5:15 to 6:00 pm.

Team Name	Plunge Time
Greek Powers	11:00 - 11:25 am
Greeks Lightning	11:25 - 11:50 am
Arcade Greeks	11:50 - 12:15 pm
The Greeks That Never Sleep	12:15 - 12:40 pm
Greek School Musical	12:40 - 1:05 pm
CLUE: Greek Edition	1:05 - 1:30 pm
Greeks of the Galaxy	1:30 - 1:55 pm
Greeks Through Time	1:55 - 2:20 pm
The Wonderful Greeks of Oz	2:20 - 2:45 pm
Scooby Doo & The Greek Machine	2:45 - 3:10 pm
GREEKside Out	3:10 - 3:35 pm
Greek Works	3:35 - 4:00 pm
Greeks at the Museum	4:00 - 4:25 pm
Disco Greeks	4:25 - 4:50 pm
Greek Perfect	4:50 - 5:15 pm
Plungers that can't make their time	5:15 - 6:00 pm

Special Olympics: Polar Bear Plunge

Costumes and Dress:

All teams are encouraged to create a theme for dress while jumping. Wearing inappropriate dress will result in the individual or team to be required to either change their costume or forfeit their right to plunge, resulting in loss of points.

Absolutely No:

- Rhinestones on clothing or face
- Paint
- Sparkles
- Stickers
- Shoes
- Loose articles of clothing that could come off while jumping (i.e. feathers)
- Offensive icons, articles of clothing, signs, etc.

If a team member cannot make your designated plunge time email Mackenzie and Jack to let them know that they will be at the extra plunge time provided from 5:15 – 6:00 P.M.

Awards:

Golden Plunger Award - Awarded to the individual with the most amount of different people to donate.

Silver Plunger Award - Awarded to the one fraternity member and one sorority member who raise the most money.

Bedazzled Plunger Award - Awarded to the team with the most creative theme at the plunge, determined by Special Olympics staff.

Special Olympics: Athlete Involvement

Athlete Dinner:

The team will have dinner with their athletes at a chapter facility (or other location). Team members from large and small fraternity/sorority are required to send representatives to the dinner to receive points.

Date: Monday, February 20th, at 5:00pm check-in @ Memorial Union Pine Room

If the selected location is not able to accommodate all team members, the team has the option to split locations so that each athlete can attend dinner with their team.

At least 25% of the team is required to be in attendance at the dinner. A group photo will need to be submitted at the end of the event so Greek Week Central can ensure the 25% requirement is met.

Team Basket/Card (Optional)

A team basket or card can be given to the athlete by the end of Greek Week. If the athlete cannot be present during Greek Week, please give the basket/card to the Greek Week Special Olympics Directors.

Suggestions to include in the basket:

- Team t-shirt
- Cards
- Flowers
- Pictures
- Candy
- Balloons

Special Olympics: Unified Event

Unified Event:

The purpose of the Unified Event is to create an environment that Special Olympics athletes and partners can engage in fun games with inclusion in the community and using sports to break down barriers.

This year for Greek Week the Unified Event will take place at Lied Recreation Center on Sunday, March 26th from 2:00-4:00 pm. During the Unified Fest, there will be different stations. The stations will include different sport, such as soccer, basketball, volleyball, etc. for the athletes to participate in. Each team is required to have 6 people (2 people from each chapter) sign up to help run the event at Lied.

Members need to be signed up by **Monday, March 6th at 11:59 pm.**

Unified Fest Points: 40 points awarded to every team that reached 6 members attend the Unified Fest.

Community Service

The Community Service component of Greek Week provides an opportunity for Sorority & Fraternity Community members to give back to the Ames community in a tangible manner.

Community Service will be split into two main events: the Community Drive and the Day of Service. For the Community Drive, teams will have the opportunity to collect items for local organizations. The Greek Week Community Service Directors will distribute wish lists to each team's co-chairs on March 1st, 2023.

Each wish list will contain a list of items requested, what night we are accepting donation categories, as well as point values for each item. For the Day of Service, teams will sign up 20 members for one hour-long shifts on Monday, March 27th from 8:00-2:00 pm.

Timeline:

- Monday, Wednesday, Thursday 6:00pm-8pm Community Drive at Lied Recreation Center
- Monday, March 27th 8am-2pm Day of Service at Reiman Gardens

Any late submissions will result in a deduction of 5 points from Day(s) of Service per hour.

These deductions will be taken off the team's combined total of Community Drive & Day(s) of Service points.

Points:

Point totals for the Community Drive and Day of Service are included on the following pages.

Community Service Directors

Zayna Bardawil

John Ramirez

(319) 210-3456

(515) 451-8689

gwcservice@iastate.edu

Community Service: Day of Service

Information:

The Day of Service is a component of Greek Week that will provide each team with the opportunity to serve an agency in a tangible way. The Day of Service will take place at Reiman Gardens, from the 8 am to 2 pm on March 27th. Each team will sign up 20 members for a time slot. The teams will help with whatever activity/project is assigned to them.

Date: Monday, March 27th 8am-2pm *(GW Community Service Directors will collect and evaluate the finished projects following each team's service project time.)*

Representation:

Participants will be representing themselves, their organizations, and the Sorority & Fraternity Community as a whole during this event. It is important that all participants act in a respectful and professional manner. Any inappropriate behavior will not be tolerated. All chapters within each team should be represented fairly. If any organization within a team chooses not to participate or feels as if they are not given equal opportunity to participate, please refer to the guidelines set within the Greek Week Sportsmanship & Inclusion Policy.

Points:

- All 20 volunteer slots filled = 200 points
- 19 or less volunteer slots filled = 0 points

Community Service: Community Drive

Information:

This year, Greek Week is partnering with the Ames community to host the seventh annual Greek Week Community Drive.

Wish Lists & Item Points:

Wish lists will be distributed to teams following the general co-chair meeting on March 6th, 2023.

Greek Week Central and Greek Week Crew will collect personal hygiene wish list items at the volleyball tournament, non-perishable foods at the treds tournament and clothing at the soccer tournament at each tournament's location. The donation drive will start collection each night at 6pm and conclude each night at 8:00 pm

Collection Date: Monday, March 27th, Wednesday, March 29th, and Thursday, March 30th.

Item Wish Lists:

Each team will receive a list of items for the Community Drive. All teams will have a wish list for the needs that will provide support to the community's daily functions.

We ask that only items on the wish list are collected.

Points:

There is a maximum of 120 points possible to earn for the Community Drive. There will be specific point values allocated to each item type, determined by the community service directors prior to Greek Week. The points earned for the section will be determined using the weighted scoring structure (each team's points earned from the drive will be evaluated as a percentage of the best performing team, then multiplied by the 120 possible points for the section). Each team's community drive performance will be evaluated based off the size of the team.

Lip Sync Rules: Patents

- Theme patents must be submitted using the Microsoft form sent by Lip-Sync Directors by **Sunday, December 18th, 2023** If the patent is late or submitted incorrectly, points will be deducted from the team's total Greek Week score.
- Teams must submit 2 theme patents in preference order.
- Theme patents must be as detailed as possible and must include a plot summary, character names, and descriptions. If Lip Sync Directors don't feel there is enough detail, the respective Lip Sync Co-Chairs will be notified and can revise and resubmit their team patent without any penalties or deductions.
- After theme patent submissions, all themes are final. There will be no more changes after that date.
- Song patents must be submitted using the Microsoft form sent by Lip-Sync Directors by **Sunday, January 8th, 2023**. If the patent is late or submitted incorrectly, the team will automatically be put to the bottom of the preference list and points will be deducted from the team's total Greek Week score at the discretion of the Lip-Sync Directors.
- Teams can list up to 15 songs max. The title, artist, and time of the song the team is wanting to use must be submitted at this time.
- Songs must be appropriate (avoid using racial slangs, swear words, and inappropriate references).
- If the song contains explicit material, the team will need to provide a clean version.
- **No remixes or mashups may be used**, this includes the following:
 - Any form of a song that is not the original version.
 - This includes anything from it not being the produced by original artist, set at the original speed of the song, blended with other songs and published as such, or just altogether says it is a remix of the song in the title.
 - This is the case whether teams remix a song themselves or use a published remix.
- **No** similar theme or song patents will be accepted. This rule will be enforced and song patents will be returned in the random, pre-set order.
- Final song choices must be submitted using the via email to the Lip-Sync Directors by **Sunday, January 15th, 2023**. Teams can **ONLY** use the songs from their approved song list, and it must be within the same time limit. All songs chosen **MUST** be used in the performance. Late submissions will result in points will be deducted from the team's total Greek Week score at the discretion of the Lip-Sync Directors.
- If a team feels like they are unable to use every song that they chose, they may resubmit their final song choices, however doing so will result in a point deduction to the team's total Greek Week score at the discretion of the Lip-Sync Directors.

Lip Sync Rules: Scripts

Requirements/Due Dates:

- Script drafts must be submitted using a Microsoft form sent by the Lip-Sync Directors by **Sunday, February 5th, 2023**. If teams submit their drafts late, then they cannot resume practice until submitted.
- Scripts must include all lines being said in the skit, which participants will be on stage at any time during the skit, props that will be on stage, and when each song/sound is played.
- Stunts must be approved by Lip-Sync Directors on **Sunday, February 19th, 2023 at practice**. Lip-Sync Directors will be walking to practice locations.
- Final scripts will be submitted through a Microsoft form by **Sunday, February 26th, 2023** at 11:59 pm. Revisions MUST be highlighted. Light cues and timing MUST be submitted at this time. If teams do not submit their final script on time, it will result in point deductions at the discretion of the Lip-Sync Directors.
- Sets/backgrounds and Lip-off requests must be submitted through a Microsoft form by **Sunday, February 26th, 2023** at 11:59 pm.
- The submission must include a detailed description of what the set will look like and/or a draw-up.
- Failure to submit Lip-off requests on time may result in a point deduction.
- Final MP3 flash drive must be given to the Lip-Sync Directors at practice on **Sunday, March 19th, 2023**. Late submissions will result in a point deduction to the team's total Greek Week score at the discretion of the Lip-Sync Directors.
- Props will be submitted through a Microsoft form by **Sunday, March 19th, 2023 at 11:59 pm**. If any of these items are not turned in, then this may result in a penalty at the discretion of the Lip-Sync Directors.
- Props can be sent in as pictures or detailed descriptions.
- There will be a random line and a random dance move given out before the script.
- The random dance move must be performed by a character or group of characters. It cannot be part of a choreographed dance.

- Note: It is highly recommended co-chairs keep lighting cues to a reasonable level of difficulty as no additional time during the CY Stephens practice or before the actual performance will be allotted for excessive lighting or technology requirements. Failure to follow this recommendation will be the fault of the chapter Lip Sync co-chairs only.

Lip Sync Directors

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Lip Sync: Practice Rules

Requirements:

- Practices will start **Sunday, January 29th, 2023** at a pre-approved location. This may be a chapter facility or a reserved room on campus. You may not use other locations to practice.
- Teams must submit their practice locations and times through a Microsoft form by **Sunday, December 18th, 2022 at 11:59 pm**. If a team needs to practice at a location other than a chapter facility, then they must state that in the form. The Logistics Director is responsible for reserving practice locations for those teams.
- Each team is allowed a 2 hour practice between either **7:00 PM – 9:00 PM**, or 8:00 PM - 10:00 PM Sunday, Tuesday, and Thursday nights.
- Any team caught practicing outside of the designated time or days will be penalized. This includes not only practicing as a group, but also practicing individually.
- Penalties could range from points deducted to disqualification.
- Only the Chapter Lip Sync Co-Chairs, as submitted by each chapter, will be allowed to work on anything Lip Sync related outside of designated practice times.
- No team will be allowed to record practice sessions on a video recording device during regular practice times. This will result in a penalty. The severity is at the discretion of the Lip Sync Directors.
- Teams will be allowed to video record during scheduled Lip-Offs and CY Stephens practice time.
- Greek Week Central Directors and Crew have the right to visit a team's Lip Sync practice at any given time without giving prior notice to the Chapter Lip Sync Co-Chairs.
- Each team will be assigned a time for an **optional lip-off** in the Farm Bureau Pavilion on **Monday, March 6th, 2023**.
- Teams are expected to bring their own audio and speaker.
- If participants do not have their waiver filled out by the CY Stephens Rehearsal on **Tuesday, March 28th, 2023** they will **not** be allowed to perform in the show on **Saturday, April 1st, 2023**.

Song Patent Order

Greeks Lightning

Scooby Doo & The Greek
Machine

Arcade Greeks

Greeks at the Museum

Disco Greeks

The Greeks That Never
Sleep

Greek Perfect

Greek School Musical

Greeks Through Time

GreekWorks

CLUE: Greek Edition

The Wonderful Greeks of Oz

GREEKside Out

Greek Powers

Greeks of the Galaxy

Lip Sync: Performance

Requirements:

- Performance time slots will be determined randomly by the Lip Sync Directors. Teams will be notified at the Lip Sync Co-Chair meeting on **Wednesday, March 22nd, 2023**.
- Props being used will need to be approved by the Lip Sync Directors prior to performance. If they're not approved on **Sunday, February 19th, 2023 at practice**, they may not be used.
- Teams using props will not be allotted extra time for setup on performance days.
- Additional technology (projectors, lights, etc.) will be allowed at the discretion of the Lip Sync Coordinators and the Technology Coordinator. Any additional technology must be included in the Prop Patent submission. Teams will not be allowed any additional time for technology set up.
- All sound on stage must be included in the recording. No additional sounds on stage are permitted.
- At least one character must be lip syncing with each line in the skit. During songs, it is expected that all characters will be lip syncing to the lyrics.
- Music and clothing used in a skit should be appropriate and respectable. It is important to represent Greek Week and the Sorority and Fraternity Community in a positive manner. If teams fail to represent this standard, potential point deductions may follow at the discretion of Greek Week Central.
- When writing the script and choosing music/clothing, please be culturally aware.
- References to drugs or alcohol will not be permitted in any portion of the skit. Use of these references may result in potential point deductions.
- Teams will have a time limit of 3 minutes to set up their entire skit for performance.
- Once on CY Stephens property, including outside behind the stage, teams must be silent. Only the team's co-chairs may speak in giving instructions to teams in the dressing room.
- All set pieces must be free-standing, and fit into an **8'x15" taped off** space with a height **restriction of 15'**.
- A random line and random dance move will be sent via email to teams when both theme and music patents are approved. The use of the random line and dance move must be implemented into the skit.
- All teams will be performing once on **Saturday, April 1st, 2023** at CY Stephens Auditorium.

Lip Sync: Performance

Requirements:

- All teams will be allotted a designated amount of time on stage on **Tuesday, March 28th, 2023** at CY Stephens Auditorium for rehearsal. Teams are required to do one complete run through of their skit with props. This is to be treated as “Dress Rehearsal.” All additional time may be used at the discretion of the chapter co-chairs.\
- “Best of” Awards will be awarded by Greek Week Central from a pool of recommendations provided by Lip Sync Judges. Top three nominees will be announced during Greek Week Awards. One team will receive each “Best of” Award.
- “Best of” Awards do not contribute to total Lip Sync or Greek Week points.
- Teams wishing to see a breakdown of their score along with judging sheets will receive one only by request from **April 3rd, 2023** through **April 7th, 2023**.

"Best of" Awards

- Best Plot
- Best Costumes
- Best Main Character
- Best Supporting Character
- Best Supporting Cast
- Best Choreography
- Best Set
- Athlete's Choice
- Best Co-Chairs

Lip Sync: 2023 Judge's Form

Team: _____

Technicality

Cleanliness of choreography _____/15
Lip Syncing Ability _____/15
_____ /30

Creativity

Choreography _____/10
Plot: _____/10
Song Selection (uniqueness of song choice) _____/5
_____ /25

Utility

Random Line _____/5
Random Dance _____/5
_____ /10

Characterization

Costumes (how costumes correspond with overall skit) _____/10
Acting _____/10
_____ /20

Representation

Creativity of incorporation of Five Values, Impact on Members and Community, and Use of 2023 Greek Week Theme _____/30

Staging

Use of space (actors and set) _____/10
Use of props _____/5
Set (quality of set and how it fits theme) _____/10
_____ /25

Appeal

Flow of plot and choreography _____/10
Clarity of skit _____/10
Song Selection (song flows with plot and choreography) _____/5
_____ /25

Total: _____ /160

Judge's Initials: _____

Lip Sync: Scoring

Overall Scoring Procedures:

- Of the judges present, each will score teams from zero to 155 using the rubric provided.
- In case of tie, the team with the highest scoring in “Representation” will place first.
- In case there is still a tie from the team with the highest scoring in Representation, no scores will be dropped from final score.

Deductions:

- If any team receives a point deduction, they will be notified by email from the Lip Sync Co-Directors.
- Any team that incorporates stereotypical, derogatory or offensive language/actions towards minority identities or cultures will be required to change that part of their show with approval subject to the Office of Sorority and Fraternity Engagement. A re-submission will be asked, and **points will be deducted** for late submission. If a team fails to change their show, a possible **disqualification** based on severity will be applied to their final score. This will be assessed by the Lip Sync Directors, Executive Greek Week Directors, and SFE Staff.
- If a team’s skit, music, or dance moves are found to have been simulated or copied from any external source outside of the team, it will result in **disqualification** or **point deduction** depending on the severity of the offense. Appropriate penalty will be assessed by the Lip Sync Directors, Executive Greek Week Directors, and SFE Staff.
- Drinking or any other form of substance use at practice or performance will **result in disqualification**.
- Use of unapproved stunts will **result in a 3-point deduction** from the team’s total Lip Sync score.
- Practicing outside of practice or for additional hours may result in point deduction or disqualification.
- If a skit is longer or shorter than the allotted time (6-8 minutes), it will result in a **deduction of points depending on the severity**.

- Over or under 0-15 seconds: 1 point
- Over or under 16-30 seconds: 3 points
- Over or under 30+ seconds: 5 points

- The deduction is **not cumulative**. For example, if a team is 28 seconds over the time span, then that will result in a 3-point deduction.
- If the set does not meet requirements, it will result in a point deduction at discretion of the Lip Sync Directors, Executive Greek Week Directors, and SFE Staff.

Tournaments

Tournaments are a great way for the members of the Greek Community to work together through co-ed athletic events. All tournaments will be played under Greek Week rules. Please always remember that sportsmanlike conduct is expected, and enthusiasm is appreciated.

*All tournaments are subject to change to comply with COVID-19 rules and restrictions set in place by the University as well as SFE and will be indicated with *

Date & Time	Tournament	Location
Monday, March 27th 6:00 PM	Volleyball	Lied Recreation Center
Wednesday, March 29th 6:00 PM	Treds	Lied Recreation Center
Thursday, March 30th 6:00 PM	Soccer	Lied Recreation Fields
Friday, March 31st 7:00 PM	Broomball	Ames/ISU Ice Arena

Tournaments Directors

Meg Larson

Brandon Kamstra

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Tournaments: General Rules

Participation:

- Participation is limited to members of the Greek Week teams.
- A maximum of one team per Greek Week Team may enter each tournament.
- All teams need to check-in 20 minutes before their first scheduled event. Any team that does not have a full team prior to the start of tournament play will be **disqualified** from the tournament.
- Participants cannot check in after the beginning of the tournament unless provided prior approval from the Greek Week Central Tournament Directors.
- Each participant must bring their ISU Student ID to every tournament and have submitted the waiver in order to check in and participate.
- Each participant must swipe their ISU Student ID to verify they have completed a waiver before they can participate.
- Jewelry needs to be removed or covered if it cannot be removed for all tournaments.
- Any player who is bleeding during the game must leave the game until the wound is cleaned and covered.
- No metal cleats are allowed for any tournament.
- Any game requiring overtime or tiebreaker, will have the starting possession determined by a single game of Rock-Paper-Scissors. Following a rock, paper, scissors, shoot, format where opponents fire on shoot.
- Greek Week Rules are the same as ISU intramural rules, along with specific inclusions defined in the following pages.
- Brackets are generated randomly for each event and will be posted on social media at least 24 hours prior to the start of the tournament.
- Rosters will be locked on March 10th prior to the start of Greek Week.
- If an alternate is going to play in a tournament, the Tournament Directors need to be notified by 11:59 PM the day before the specified tournament.

Sportsmanship:

- Unsportsmanlike conduct may result in participant ejections from the tournament. If a participant is ejected from a tournament, they will not be allowed to participate in any following tournaments. Participants and spectators will receive one warning for unsportsmanlike conduct before being ejected from that tournament. Participants and spectators that are ejected will be removed from the facility immediately.
- If a team amasses two ejections in a single tournament for unsportsmanlike conduct, the respective team will be disqualified from the tournament event in which the conduct occurred in and the team will receive a 300-point deduction, as defined in the Sportsmanship & Inclusion Policy.
- Sportsmanship points will be accounted for under Spirit.

Tournaments: General Rules

Alcohol and Substance Policy:

- Intoxication and alcohol consumption is not permitted during any Greek Week tournament event.
- Being under the influence of any drug is not permitted including but not limited to alcohol, tobacco, nicotine, or other illegal substances.
- All of the Greek Week 2023 Alcohol and Substance policy rules apply.

Destruction of Property:

Any participating team in Greek Week will be held responsible for any destruction of equipment during all tournaments.

- Destruction of any bleacher during Greek Week tournaments will result in a \$2,500 fine for the team responsible.
- Point deductions will also be distributed to teams responsible for any destruction at the discretion from the Greek Week Tournaments Directors.

Participation and Scoring:

- To prevent domination in a tournament from one fraternity and/or sorority, Greek Week Central will be requiring teams to utilize members of every chapter that is present on your team.
- Each team may have up to 6 alternates listed on their rosters who may only participate in the case of an emergency absence of one of the original players.
- Each chapter in the team must be represented. If a chapter does not wish to participate, please email the Tournament Coordinators to let them know and participation points will not be deducted.

Individual Tournament Points:

- Points will be given based on a percentage of the total 100 points allocated to **each** tournament event

1st: 45 points out of the total 100 points

2nd: 30 points out of the total 100 points

3rd: 15 points out of the total 100 points

4th: 10 points out of the total 100 points

Individual tournament point totals determine overall tournament points.

Tournaments: Treds

Date: Wednesday, March 29th at 6:00 PM

Location: Lied Recreation Center

General Rules:

- Teams consist of a max of 5 players on the field at any one time. A minimum of 4 players are required to start the game. A minimum of 2 sorority members and 2 fraternity members must play at any one time.
- **Teams are allowed a maximum of 10 players on the roster along with 6 alternates including at least 2 sorority members and 2 fraternity members.**
- Games will be two 12-minute halves with a two-minute half time.
- The clock will run continuously throughout the game regardless of scoring or injuries.
- No time outs are permitted, with an exception for injured players. The referees may adjust time for injuries that substantially delay the game at the end of the half.
- The team beginning the game with the ball starts with a player throwing the football from their goal line. Other players may be anywhere else on the playing field.
- Substitution is allowed only after a point is scored.
- Players **substituting in** must enter at **midfield**. Players substituting out may exit the field anywhere.
- Treds is a non-contact sport. Physical contact should be avoided. Players may be removed from the game for roughness. Refs may stop play and call a penalty for roughness at their discretions.
- Plastic cleats are allowed if games are played outside.

Ties:

- If the game is tied after regulation playing time, a 3-minute overtime will be played with possession being determined by Rock-Paper-Scissors. This process will continue, alternating possessions from the initial Rock-Paper-Scissors, with no breaks between overtimes except to restart the ball at a goal line, until the tie is broken.

Scoring:

- If a sorority member catches the ball in the end zone, it will be worth 2 points to the scoring team.
- If a fraternity member catches the ball in the end zone, it will be worth 1 point to the scoring team.

*If Treds is not outdoors, game duration is subject to change.

Tournaments: Treds

Offensive Rules:

- Any movement of the ball can only be made by throwing complete passes to another player. Handing off is not allowed.
- Passes may be thrown in any direction using an underhand or overhand motion.
- A player may not advance forward but can run laterally or backward when they have the ball.
- A player that runs backward may not return forward to their previous location.
- Offensive players in control of the football have 10 seconds to throw the ball. A referee begins a silent count until they reach 5 seconds and says, "stalling" and continues the count from 6 to 10 out loud. Taking more than 10 seconds to throw the ball results in a turnover.
- The thrower cannot hit at a defender, but they can measure space between themselves and the defender by using their non-throwing arm. Any roughness can result in a penalty and a turnover.
- A legal reception is one that is cleanly caught before hitting the ground.
- A catch made near the sidelines is considered a legal reception as long as the first step after the catch is made is inbounds.
- If a player's momentum takes the player out-of-bounds after a legal reception, this results in a turnover and the other team will gain possession at that spot.
- If a player's momentum carries them into the end zone, they will go back to where the reception was made and will continue the offensive drive.
- An offensive pass interference call will result in a turnover to the other team.
- A sorority member and fraternity member must have control of the ball at least once on each offensive drive. This will be signaled from the officials by raising their arm and a verbal notification of the touch.

Defensive Rules:

- A turnover occurs when the offense fails to complete a legal pass between teammates.
- Upon a turnover, the defending team takes possession at the spot where the ball hits the ground or at the nearest spot where the ball went out of bounds. Turnovers in the end zone start at the goal line.
- A defensive pass interference call results in the offense retaining possession at the spot of the foul.
- A defensive pass interference call in the end zone results in 1 point for the offense, and the defense taking over possession at their own goal line.
- A defender defending the thrower must be at least an arm's length away from the thrower.

Tournaments: Volleyball

Date: Monday, March 27th at 6:00pm

Location: Lied Recreation Center

General Rules:

- All National Federation High School rules apply unless noted otherwise below.
- Teams consist of a max of 6 players on the court at any one time. Teams must have 2 sorority and 2 fraternity members on the court at any one time. A minimum of 4 players is required to start the match.
- **Teams are allowed a maximum of 10 players on the roster along with 6 alternates including at least 2 sorority members and 2 fraternity members.**
- No time outs are permitted, with an exception for injured players.
- Substitution is allowed at the back right or front left positions of the court immediately after any point is scored.
- Matches are scored by rally scoring and are 1 game played to 21-points.
- Teams must win by 2, with a 25-point cap on all games.
- The net will be set at a median between men's and women's height. (7'7 1/2")
- Brackets for volleyball will be double-elimination.

Game Rules:

- Service may be made anywhere along the back line.
- Players must rotate positions around the court after earning a side-out.
- Each member of a team must serve in turn. Serving out of turn will cause a side-out.
- No player may step completely across the centerline. A player may step partially across the centerline as long as it does not interfere with the play of an opponent.
- If a player crosses onto another court to make a hit, the ball is ruled dead and a point is awarded to the other team.
- If the ball comes in contact with an obstruction besides the wall and could have been reached by a player, the point will be replayed. If it is deemed that the player would not have been able to make a play on the ball, the ball is ruled dead and the other team will receive a point.
- Team members must stay in rotation throughout a play.
- Rotations must not have two fraternity members side by side. If a rotation becomes out of order, the team will automatically lose one point and the ball will be rewarded to the other team.
- The ball does not have to touch a sorority member and a fraternity member every possession.
- Contacting the net or any part of it, including the net supports, while ball is in play is prohibited, except by a player's hair, or unless the force of the ball by an opponent pushes the net or its support into a player results in a net foul and the point automatically goes to the opposing team.

Tournaments: Soccer

Date: Thursday, March 30th at 6:00pm

Location: Lied Recreation Outdoor Fields

General Rules*:

- **All ISU Intramural 8 v 8 soccer rules apply unless noted below or if rules contradict another Greek Week policy. All teams are expected to know the ISU Intramural soccer rules prior to participating.**
- **Teams consist of 8 players on the field at one time. A team cannot have more than 4 sorority or 4 fraternity members on the field at any time.**
- Teams are allowed a maximum of 16 members on the roster with 6 alternates including at least 2 sorority members and 2 fraternity members.
- Games will be two 12-minute halves with a 2-minute halftime.
- The clock will run continuously throughout the game regardless of scoring or injuries.
- No time outs are permitted, with an exception for injured players. The referees may adjust time for injuries that substantially delay the game at the end of the half.
- First possession will be determined by a single game of rock-paper-scissors. Possession will switch at half.
- Substitutions are allowed when the ball goes out of bounds, after a score, and/or during an injury. Not during penalty kicks. Substitutions are not limited to whatever team has possession.
- Players entering and exiting the game must enter at midfield.
- Field dimensions will be 60x40 yards with penalty line being placed 15 yards from the endline on either end of the field.
- If a sorority or fraternity member is a member of the Iowa State club soccer team they can participate.

Penalties*:

- Soccer is a non-contact sport. Penalties are left up to the discretion of referees while following ISU intramural rules. Arguing from any players, benches, or spectators may result in a yellow card and/or points deducted.
- 12 feet (4 paces) must be given on all free kicks by the opposing team.
- Slide tackles are prohibited. One warning will be given, upon a second offense players will be eliminated from any further tournament play and a yellow card will be given to the team
- Penalty Kicks are awarded when a penalty occurs within the penalty line. The ball will then be placed 30 feet from the goal.
- Yellow cards can be given to a team's bench or spectators.
- Three total yellow cards given to any team will result in team disqualification from the tournament.
- Red Card/Ejection will be left up to the discretion of head referee and/or tournaments directors. Any player ejected is not allowed to participate in the remainder of Greek Week Tournaments.

Game Rules*:

- Offsides rules are not in affect.
- Shin guards are recommended but not required.
- Unintentional hand ball is play on.

Overtime*:

- Time added to the end of the half will be announced after significant stoppage occurs.
- Games resulting in a tie will go into a penalty kick shootout.
- Team who will kick first will be determined by a single game of rock-paper-scissors.
- During a shootout, 5 players from each team will be selected with at least 2 sorority members and 2 fraternity members alternating between sorority and fraternity member.
- If a shootout must continue past 5 players it then becomes sudden death. The order must alternate between sorority and fraternity member until no longer possible. Players may not shoot twice until full roster has shot.
- Shootouts will occur on the same goal. Players will wait on their corresponding benches. No other players should be on the field besides the two involved in the shootout.

***Rules are subject to change if tournament occurs indoors**

Tournaments: Broomball

Date: Friday, March 31st at 7:00pm

Location: Ames ISU Ice Arena

General Rules:

- Teams consist of a max of 5 players on the field at any one time. A minimum of 4 players are required to start the game. A minimum of 2 sorority members and 2 fraternity members must play at any one time.
- **Teams are allowed a maximum of 10 players on the roster along with 6 alternates including at least 2 sorority members and 2 fraternity members.**
- Games will be two 10-minute halves with a two-minute half time. Teams will switch ends of the rink at half.
- The clock will run continuously throughout the game.
- No time outs are permitted, with an exception for injured players. The referees may adjust time for injuries that substantially delay the game.
- Rock, Paper, Scissors (Only 1 round) will decide the first possession of the game. After that, the team that is scored on will start with the ball for the next possession.
- Broomball is a non-contact sport. Physical contact should be avoided. Players may be removed from the game for roughness. Refs may stop play and call a penalty for roughness at their discretion.

Game Rules:

- There will be no high-sticking (stick raised above waist level). This will result in a turnover and possession given to the opposing team.
- Goalie will be allowed a stick but must decide to use it or not before entering the game.
- Players must pass the ball using their stick and can stop a ball with their hand.
- Players may not throw the ball. It must be dropped where it is caught.
- If a player besides the goalie enters the goalie box, the team will face a turnover.
- Feet can be used, but you may not intentionally kick the ball into the goal to score.
- Touching the Court Divider will send that player to the penalty box for 2 minutes.
- Goalies may only throw the ball backwards after picking the ball up from the ice (must remain in goalie box)
- If a defending player is in the goalie box while a shot is taken it will result in a penalty shot for the opposing team. If an offensive player is in the opposing goalie box when a goal is scored it will not count and will result in a turnover.

Ties:

- In case of a tie, there will be shoot out consisting of 3 players on each team with a requirement of at least 1 fraternity member and 1 sorority member will be chosen by the teams. If the teams are tied after the shootout, sudden death occurs.
- In the event of sudden death, each team choose 1 sorority member and 1 fraternity member and will go back and forth with one penalty shot. Sudden death rounds will persist until one team has more points than the other.

Scoring:

- Goals may only be scored using your stick or deflection of the ball
- Each goal is worth one point

Olympics

Information:

Greek Olympics is a day to culminate the Greek spirit we have been celebrating throughout Greek Week. **Sportsmanship is required at all events.** Any instance where Greek Week Central feels the spirit of Greek Olympics is being challenged by unsportsmanlike conduct, Greek Week Central reserves the right to disqualify and remove from the competition area anyone who is not complying to the ideals of Greek Week and Greek Olympics. Safety is of the utmost concern throughout the day; at any time safety is in question, Greek Week Central reserves the right to intervene on the behavior and actions. This includes, but is not limited to, sitting on roofs of chapter facilities, hanging out of windows, crossing the street during events, and participating in reckless activity.

Sportsmanship:

- The Sportsmanship Policy will be utilized during all Greek Week events, including Olympics.
- Any behavior not conveying a positive experience for ALL attendees will result in a warning to the team
- A second incident will result in the team's loss of points to the team's total point value.
- A third incident will result in the team's disqualification from Greek Week Olympics.

Safety:

Spectator safety is a main priority for Greek Week Central. We wish to ensure all spectators view events in the safest way possible. All spectators are required to view events from ground level or behind closed windows inside chapter facilities. There will be zero tolerance for spectators viewing from chapter roofs, hanging out of windows, etc. Chapters are permitted to have spectators view from inside their own facilities, but they must abide by the guidelines listed above. Greek Week Central requires this for the safety of the spectators and the liability of each chapter. Chapters unwilling to abide by these guidelines will receive a **5-point deduction** from their respective team's overall Greek Olympics total points.

In the event of inclement weather on April 1st, all events that day will be postponed until April 2nd. Each event will still be at the same time and location.

Olympics Directors

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Olympics: Schedule

Date & Time	Event	Location
March 28th 4:00 - 6:00 PM	ΛΑΡΠ and Bed Racer Checks	Greek Triangle
March 30th 4:00 - 6:00 PM	ΛΑΡΠ and Bed Racer Checks	Greek Triangle
April 1st 9:00AM	ΛΑΡΠ	Phi Kappa Psi
April 1st 10:00AM	Dizzy Dizzy Duck	Delta Sigma Phi
April 1st 11:00AM	Gobble Gobble Greeks	Triangle Fraternity
April 1st 11:15AM-12:00PM	Lunch Break	Ash Avenue
April 1st 12:00PM	Tug-O-War	Kappa Sigma
April 1st 12:45PM	Delivery Derby	Delta Sigma Phi
April 1st 1:30PM	Egg Joust	Theta Chi
April 1st 2:30 PM	Bed Race	Sorority Circle

Olympics Scoring

Scoring:

Scoring will be decided on individual events. The top eight teams for each event will receive individual points. The individual event points will be used to determine overall Olympic points.

Individual Event Points:

1st Place: 80 points

2nd Place: 70 points

3rd Place: 60 points

4th Place: 50 points

*5th Place: 40 points

*6th Place: 30 points

*7th Place: 20 points

*8th Place: 10 points

- Points may not be applicable for some events that places 5-8 are not awarded points
- Ties in events will have points awarded for both teams in that place, and then the following team demoted 1 point bracket (ex: 1st, 1st, 3rd)

Olympics: ΛΑΡΠ (LARP)

Location: Phi Kappa Psi

Time: 9:00 AM

Description:

- Teams shall consist of three fraternity members and three sorority members.
- Teams will compete head-to-head, tournament style (2 teams at one time), with the top 4 teams being awarded points
- Each round will last 5 minutes. At the end of the round, the team with the most players remaining will be deemed the winner. In the event of a tie, a 1 on 1 sudden death battle will occur.
- The best two out of three rounds will determine the advancing team.
- Boundaries will be a 20 x 20 ft. square.
- Points will be given to the top 4 teams, as well as bonus points being awarded to the team with the most creative costumes.
- All equipment must be inspected and approved on Tuesday, March 28th or Thursday, March 30th from 4:00 PM - 6:00 PM at Greek Triangle. Equipment must be approved by 6:00 PM on March 30th or it may not be used. There will be no check-ins the day of the event.

Weapons and Shields:

- Weapons will be limited to one- and two-handed swung weapons; no projectile weapons will be permitted (i.e., a bow and arrow); along with no flails
- One-handed weapons may be no longer than 48 inches (4 feet).
- Two-handed weapons must be longer than 48 inches (4 feet) and less than 84 inches (7 feet).
- Shields must be between 1 and 3 feet in diameter and must have a padded face and edges.

Olympics: ΛΑΡΠ (LARP)

Location: Phi Kappa Psi

Time: 9:00 AM

Refereeing and Combat:

- The referee has the authority to remove anyone from the battlefield.
- The referee shall be responsible for the conduct of battles and can stop a battle at any time if a safety concern arises by yelling "HOLD!" or by the blow of a whistle
- Grappling (grabbing an opponent and/or their equipment) shall not be allowed and shields are not to be used as weapons.
- A strike shall constitute an effective hit to a target area, with target areas consisting of legs, arms, and chest.
- An effective strike will be determined by the referee and the target of an attack, with the referee having the final decision. Effective strikes must be delivered with sufficient force to be considered effective.
- An effective strike to a leg or arm will disable that limb for the rest of the round. An effective strike to the chest will result in a fatality and disqualification of the struck individual for the rest of the round.
- In the event of a fatality, the individual must lay down and not move until the round is over (agonizing deaths are encouraged).
- If an arm is disabled, the weapon or shield in that hand must be dropped. The weapon or shield can be picked up and used by the non-disabled arm.
- Disabled limbs cannot be used to block attacks and strikes to the disabled limb will be treated as if it were not there.
- A deliberate blow to the head and/or repeated blows to the head will result in disqualification of the striking individual for the remainder of the round. Repeat offenders will result in disqualification of the striking individual for the remainder of the event with no replacement.
- Simultaneous fatal blows will result in the fatality of both individuals. If these two individuals were the last two individuals on the battlefield, there will be a sudden death round between these two individuals.
- The referee shall settle all disputes and make rule interpretations as needed.

Olympics: ΛΑΡΠ (LARP)

LARP Weapon Item Checklist

Weapon

- _____ Striking surface has at least 1.75 inches (from the center of core) of padding
 - _____ Striking surface is at least 1.5 inches wide
 - _____ Striking surface is covered with cloth so that the padding is not showing
 - _____ All non-striking surfaces are covered with padding or rope
 - _____ Non-striking surface on weapon blade must be at least .75 inches from the core
 - _____ The pommel must be at least 2 inches in diameter
 - _____ Amount of tape on striking surface is minimal
 - _____ One handed weapon is under 48 inches in length
- OR
- _____ Two handed weapon is over 4 feet (48in) and under 7 feet (84in) in length
 - _____ Handle length is less than 1/3 total weapon length

Shield

- _____ Shield is padded on its edges and face
- _____ Face of shield has at least .75 inches of padding
- _____ Shield is between 1 and 3 feet in diameter

Olympics: Dizzy Dizzy Duck

Location: Delta Sigma Phi

Time: 10:00 AM

Description:

- Teams of six compete by shuttling pitchers of water back and forth **until their bucket is overflowing.**
- At one end of the playing field the team stands with the empty bucket, two pitchers and a bat that is firmly placed on the ground. On the other end will be a trough filled with water.
- Participants start by spinning around the bat 10 times without lifting the bat off the ground. They then grab their two pitchers and run to the other end of their designated lane.
- The participant must fill their pitchers with water, return to the bucket and dump the water into the bucket.
- Each team will compete simultaneously, with each team's time stopping once their bucket overflows with water. Event points will be awarded to the four fastest teams.
- Points will be awarded to the fastest 8 teams.

Rules:

- Each team will consist of three fraternity members and three sorority members.
- Teams must line up at the starting line of the lane in an alternating fashion between fraternity and sorority member (or vice versa).
- Participants must run one at a time from the starting point to the end of the lane, spin 10 times with the handle of the bat on their forehead with the other end placed firmly on the ground. Participants must fill the pitchers and return to the starting line to empty their pitchers into the bucket. Participants will then hand both pitchers to the next participant for a successful exchange. This process will continue until the bucket is **overflowing** with water (Greek Week Central will determine the point at which the team has reached an "overflowing" bucket).
- While rotating, the participant's forehead **must remain on the handle** of the bat and the bat must remain **firmly on the ground**, otherwise the spin will not count towards the total. Greek Week Central will count rotations.
- Disqualification from Dizzy Dizzy Duck will occur if a team accidentally or purposely interferes with another team's race (knocking over opponent's bucket, etc.).
- If a participant spills water from the pitchers on the return to the team's bucket, they may **not** return to the water container to refill the spilled pitchers.
- Closed-toed shoes are required to be worn by all participants.
- Team spectators may not stand in the sand pit, or cross roped off area.

Olympics: Gobble Gobble Greeks

Location: Triangle Fraternity

Time: 11:00 AM

Description:

- Teams of three will compete to collect balls from the center of a pentagon arena using a basket while riding a scooter.
- Teams must consist of one sorority member and one fraternity member, and an extra member of their choice as the ball collector.
- The participant on the scooter must ride with their stomach on their scooter with their legs being pushed and pulled by their teammate.
- Heats of five teams at a time will have one minute to collect as many balls as they can.
- The top five teams that collect the most balls will be awarded points regardless of their heat.

Rules:

- Each team will be given one scooter and one basket.
- The player on the scooter must be wearing a helmet at all times. Helmets must be supplied by the team.
- A player being pushed on the scooter will be pushed to the center of the pentagon to attempt to collect as many balls under their basket as possible and return them to their corner.
- Once the teammates return to their corner, the ball collector teammate will retrieve the balls from the basket and place them in another bin to earn points. Only the extra teammate is allowed to touch the balls with their hands. No other team member can assist them.
- Only balls placed into the corner bin when the minute is over will count towards the score.
- The scooter can never stop in the center. As soon as the player reaches the center, they must be pulled back to the team's corner.
- Individuals being pushed and pulled to retrieve balls must remain on the scooter at all times.
- Players may not crash into other teams. If it is ruled a team created unnecessary contact, they will be sent back to their corner without any balls and will have to wait 20 seconds before attempting to retrieve any more balls.
- Teams may not use any part of their bodies (hands, feet, etc) to direct balls to their corner or used to place underneath the basket. Only the basket may be used to collect the balls.
- Teams may not use the basket to hit balls toward their corner, move another team's basket, or take balls from another team's corner.
- Only one person may push and pull the sorority or fraternity member on the scooter.
- Any violation of rules determined by the referee, will result in a time penalty, and could include a loss of balls at minus five balls per penalty.

Olympics: Tug-O-War

Location: Kappa Sigma

Time: 12:00 PM

Description:

- Teams of eight compete to pull the opposing team's marked area of rope over a designated line.
- Top 4 teams will be awarded points.

Rules:

- Teams consist of 4 sorority members and 4 fraternity members.
- The teams will be set up in a single elimination bracket.
- The top 4 teams will receive points.
- **No metal cleats are allowed**, however plastic cleats are acceptable. Closed toed shoes are required for participation. For your protection, we suggest that participants wear protective gloves. If any member is wearing metal cleats during competition, the team will be disqualified.
- The first person in line must have their hands behind the taped area of the rope.
- The rope must be pulled taut with no team holding an advantage before the contest starts.
- The maximum match time will be 4 minutes. If no team has succeeded to pull the other past the centerline, the team that has pulled the furthest will be declared the winner. This rule will not be in effect during the 1st/2nd and 3rd/4th place matches.
- The winner of one round of rock-paper-scissors between team captains will determine which side the team will be pulling from. Captains will say simultaneously "rock, paper, scissors, shoot" and will fire their sign on "shoot".

Olympics: Delivery Derby

Location: Delta Sigma Phi

Time: 12:45 PM

Description:

- Teams will compete in a three-part relay to deliver 5 pizza boxes without dropping the boxes.
- This is a timed event with six team members participating.
- The six team members will further split into three groups of two.
- Each group of two will consist of one sorority member and one fraternity member.
- The top eight teams will receive event points.

Rules:

- The relay will be across the lawn and back, where an exchange will occur between groups of the same team.
- The first relay will be a three-legged race.
- Each member will be allowed to use one hand and their body to keep the pizza boxes from falling.
- If the offhand is used, there will be a time penalty of 3 seconds added to their overall relay time.
- The second relay will be wheelbarrow race.
- The pizza boxes will be balanced on the participant who is on the ground.
- The participant who is on the ground must wear protective gloves.
- The participant holding their group member must hold both legs and cannot hold any pizza boxes or use their hands to stabilize the boxes.
- **One additional team member should follow this group** and replace boxes in the event they fall to the ground. Member's must remove one box from the stack when the stack falls. If this is not done correctly additional time penalties will occur.
- The third relay will be a piggyback race.
- Either member is allowed to hold the pizza boxes in this portion of the relay.
- If the boxes are dropped, the participants must **stop all forward movement** and pick up the boxes.
- Each team will start with five boxes.
- One box will be removed from the stack for every time any number of boxes are dropped, and a time penalty of 3 seconds will occur.
- Dropped boxes carry over between groups during the relay.
- If all five boxes are lost the team is qualified.
- If during the race only one box falls, the participants may continue racing without needing to stop.
- Team spectators may not stand in the sand pit, or cross roped off area.

Olympics: Egg Joust

Location: Theta Chi

Time: 1:30 PM

Description:

In the Egg Joust, each team **will have two pairs participate.**

- Each pair will consist of one sorority member and one fraternity member.
- Each team must allow a representative of each fraternity chapter to participate in Egg Joust before two members of one Fraternity can participate. Each team must allow a representative of each sorority chapter to participate in Egg Joust before two members of one Fraternity can participate.
- Each team will work to eliminate the other teams by breaking their opponent's egg.
- 6 heats of five teams will compete, the last team per heat standing will advance to the final round. The final round will be a 6-team round.
- Points will be awarded to the top six teams of the final round. Point totals will be determined based on placement in final round.
- No jewelry can be worn during this event.

Rules:

- The pairs will consist of one fraternity member and one sorority member. One participant will sit on the other participant's shoulders. If the top participant falls off the shoulders or touches the ground with any body part during the game, the team will be disqualified. If the bottom participant's knee touches the ground at any point, the team will be disqualified.
- The bottom participant will have an egg in pantyhose secured to their forehead which must be tied by a member of Greek Week Central.
- **The top participant's free arm/hand cannot be used to protect the team's egg. Protection of your own or your partner's egg with your hand or any other mechanism of defense will be given one warning, with an additional offense resulting in disqualification.**
- The top participant's free hand must remain on their partner's head the entire time.
- Eggs can only be broken by the rolled-up newspaper that is issued by Greek Week Central. Use of other bodily parts will result in disqualification.
- The egg must be visibly leaking in order to be eliminated.
- If at any point the newspaper is dropped the team must pick it up for themselves. Disqualification will occur if any spectators hand the team the dropped newspaper.
- If the top member picks up the newspaper incidental contact with the ground does not count for disqualification. If the member attempts to pick up the newspaper and misses and the hand touches the ground there will be a disqualification
- All teams must stay within the given boundaries or will be disqualified. The boundaries are subject to change during a round.
- Participants must wear protective safety goggles, which cover the entire eye area and have strap around the head, provided by Greek Week Central.
- If an egg breaks under any circumstances, the team loses and must leave the designated boundary area.
- If you knock a participant off the shoulders, then you will be eliminated and the team that got knocked off will move on.
- **No talking will be allowed in the arena. The forming of "alliances" between teams will not be permitted and will result in both teams' disqualifications.**
- The championship round winner is the last team with an unbroken egg.

Olympics: Bed Racer

Location: Sorority Circle

Time: 2:30 PM

Description:

- Two participants ride on a custom-made bed frame that is pushed by 4 other members of the team.
- The race consists of one loop around Sorority Circle.
- At the midpoint of the lap, a transition must occur **between all 6 participants** in the first leg to the **6 next participants** that will push the bed for the remainder of the race.
- One leg must consist of four Fraternity members pushing and two Sorority members riding. The other leg must consist of four Sorority members pushing and two Fraternity members riding.
- The eight fastest times will receive event points.

Specifications:

- **Bed inspections of completed beds will occur Tuesday, March 28th and Thursday, March 30th from 4:00 PM - 6:00 PM at Greek Triangle. Any bed not meeting specifications by 6:00 PM on March 30th will not be allowed to race.**

_____ The riding platform must be no closer than **1 ft.** from the ground and no higher than **2ft.**, which will be inspected during the week.

_____ The riding platform must be able to hold the weight of two riders.

_____ Total length must not exceed **8 ft.** and the width must not exceed **3 '6"**

_____ Rubber tires must be used, no wheels (such as shopping cart wheels) are allowed. The tires must not exceed **26 in.** in diameter. This will be measured from the outer edge of the tire. The tires must be permanently attached to the bed.

_____ The steering mechanism must be separated from the riders by some sort of protective barrier.

_____ No object can protrude more than **1 ft.** from the frame. This includes handles, decorations etc.

_____ A regular Twin sized mattress will lay flat on the platform. There must also be a sheet and pillow on the bed. **Air mattresses are not allowed.**

_____ Each team is required to display their chapter letters or organization name of all chapters somewhere on their bed.

_____ Both bed riders must wear a helmet, wrist, knee and elbow pads.

Equipment **MUST** be present at check-in for the Olympic event. Failure to do so will result in disqualification.

Olympics: Bed Race

Rules:

- Before any bed can enter the event, it must be inspected by Greek Week Central. There will be inspections on Tuesday, March 28th and Thursday, March 30th from 4:00 PM - 6:00 PM at Greek Triangle to ensure that all beds meet the specifications. All beds must be complete at this time. If any bed fails to pass inspection, the team will be disqualified and not be allowed to participate. After a team passes inspection, they will not be allowed to change any aspect of their bed racer, doing so will result in **disqualification**.
- The race will consist of two fraternity members and two sorority members pushing the bed at the same time and one fraternity member and one sorority member riding on the bed.
- Team members are encouraged to dress up as their team's theme.
- The 2 bed riders must remain on the bed at all times while the bed racer is in motion.
- The 4 participants pushing the bed must be in contact with the bed at all times while the bed is in motion. Teams who have members who fall, losing contact with the bed racer, will be **disqualified from the event**. Teams who have a member fall but remain in contact with the racer are urged to stop the racer until the member regains their footing, to ensure safety. Failure to comply may result in **deduction or disqualification**.
- The bed riders **MUST** wear helmets, wrist, elbow and knee pads.
- All beds will be rechecked and inspected during the check-in time prior to the race.
- Make sure to double-check and abide by the bed specifications prior to the day of inspections or the team will be disqualified.
- **All Greek Week participants must take every precaution to ensure the safety of all other participants and bystanders. Any drastically unsafe behavior may result in a 5-point deduction and in extreme cases disqualified from the event. Greek Week Central has the authority to make decisions on this behavior. This includes, but is not limited to, hanging on and being dragged by the bed racer and crossing the street while the beds are being raced.**

Spirit

Spirit events are to be a positive reflection of the Sorority and Fraternity Community's dedication to creating camaraderie between members of the Community through participation in Team Banners, Team Flags, the Karaoke competition, and The Greek Race competition.

Date & Time	Item	Location
February 12th by 11:59 PM	Team Banner Patents Due	Email: gwcspirit@iastate.edu
February 19th by 11:59 PM	Karaoke Patents Due (Including MP3 File)	Email: gwcspirit@iastate.edu
February 20th by 11:59 PM	Teams Notified of Selected Karaoke Song	Email From: gwcspirit@iastate.edu
February 26th by 11:59 PM	Banner Revisions Due	Email: gwcspirit@iastate.edu
March 20th by 11:59 PM	Greek Race Participant Names Due	Email: gwcspirit@iastate.edu
March 26th at 8:00 AM Sun	Team Banner Display	Team Selected Chapter Facility
March 26th 11:00 AM	The Greek Race	Central Campus
March 31st All Day	Karaoke First Cuts	At Polar Bear Plunge
April 1st 6:00-11:00 PM	Karaoke Final Cuts	CY Stephens Auditorium

Spirit Directors

Lily Brandes

Megan Kasprzak

630-632-2320

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gwcspirit@iastate.edu

Spirit: Karaoke

Information:

Greek Week teams will select one group to perform a karaoke skit. Teams are encouraged to wear costumes and create a dance to enhance their performance. All teams will perform at First Cuts, and six teams will be chosen to continue and perform at Final Cuts. Teams will be required to submit three songs and know all the songs' lyrics for the competition because no karaoke machine will be provided. **The MP3 files required to be submitted with each team's patent cannot have lyrics in them.** Performers will be notified on February 20th of the song they will perform at First Cuts. All subsequent performances will be communicated the night of the event. **Songs and performances MUST NOT depict alcohol and/or drug use, illegal acts, or slanderous statements, and must be sensitive to all ethnic, racial, religious, and gender groups.** *Radio edits of the songs are up to the discretion of GW Spirit Directors*

Performance Dates and Times:

- First Cuts: Friday, March 31st all day
- Location: Polar Bear Plunge
- Final Cuts: Saturday, April 1st at 6:00 PM
- Location: CY Stephens Auditorium

Requirements:

- Each team will only be allowed one group, with a maximum of six participants, to perform. **The six participants cannot all be from the same chapter, but not all chapters from the team are required to participate.**
- **Each team's selected group must email one patent that includes three different individual songs (NO MASHUPS)** to gwcspirit@iastate.edu by February 19th at 11:59 PM, as well as an MP3 version of each song with no lyrics. **NO OTHER FORMS OF MEDIA WILL BE ACCEPTED.** Patents will be accepted on a first-come, first-serve basis. If there is a duplicate submission, the respective team co-chairs will be notified by the Spirit Coordinators and required to send in a new submission.
- From the three song choices by every team, Greek Week Central will select one and notify team co-chairs and groups by February 20th by 11:59 PM. The top six teams from First Cuts will advance to perform at Final Cuts. If a team advances to Final Cuts, all performers must participate unless there are extenuating circumstances approved by the Spirit Directors or Executive Directors.
- First and Final Cuts performances must be five minutes or less.
- If two teams submitted the same song in their patent, the team that submitted theirs first will have the opportunity to utilize it.

Spirit: Karaoke

First Cuts:

- First Cuts for Karaoke are in-person at Polar Bear Plunge.
- First Cut performances begin on Friday, March 31st. Performance times will be announced in the near future.
- First Cut performances *will* have an audience. Teams are encouraged to come and watch to further demonstrate their Greek Week team spirit. Creativity in Karaoke performances is important due to this factor.

Final Cuts:

- Final Cuts for Karaoke will remain during Lip Sync Finals at CY Stephens Auditorium on Saturday, April 1st at 6:00 PM.
- Teams must arrive 15 minutes before their scheduled performance to check-in.
- The top six teams that will be performing at Finals Cuts will be notified on Friday, March 31st by 11:00pm.

Penalties:

- Penalties will be assessed after the judging of each performance and points will be deducted from the overall score. Penalties will be assessed at the discretion of Greek Week Central Spirit Directors, and all decisions will be final and nonnegotiable.

Karaoke 2023 Patent Form

Submit via email to gwcspirit@iastate.edu by February 19th at 11:59pm

Team Name:

Participants Names	Email Address	Chapter Affiliation
1.		
2.		
3.		
4.		
5.		
6.		

Individual Songs (No Mashups) 1 being your top song choice. 3 being your least.

- 1.
- 2.
- 3.

Costume Descriptions for each individual song:

- 1.
- 2.
- 3.

Spirit: Karaoke Schedule

Karaoke Times:

Below are the performance times for each team. Performance times are coordinated with Polar Plunge times. Teams are encouraged watch their team's karaoke performance and welcome to stay and watch other first-round performances.

Conflict with Designated Time:

If a team cannot make the time assigned to their team, the team must contact gwcspirit@iastate.edu to schedule an alternative performance time.

Team Name	Plunge Time
Greek Powers	11:00 am
Greeks Lighting	11:25 am
Arcade Greeks	11:50 am
The Greeks That Never Sleep	12:15 pm
Greek School Musical	12:40 pm
CLUE: Greek Edition	1:05 pm
Greeks of the Galaxy	1:30 pm
Greeks Through Time	1:55 pm
The Wonderful Greeks of Oz	2:20 pm
Scooby Doo & The Greek Machine	2:45 pm
GREEK-Side Out	3:10 pm
Greek Works	3:35 pm
Greeks at the Museum	4:00 pm
Disco Greeks	4:25 pm
Greek Perfect	4:50 pm
Teams that can't make their time	Scheduled with Greek Week Spirit Directors

Spirit: Karaoke 2023 Judge's Form

Team: _____

Round: _____

Knowledge of Song Lyrics _____/10

Execution

1.Choreography cleanliness: _____/10

2.Diction and enunciation of words: _____/10

3.Enthusiasm of performers: _____/5

Choreography

1.Creativity/uniqueness: _____/10

2.Use of stage: _____/10

3.Appropriate for song choice: _____/5

Singing Ability

1.Pitch/tone: _____/10

2.Quality of vocal expression: _____/10

Costumes _____/10

Overall Performance _____/10

Total: _____/100

Judge's Initials: _____

Spirit: Team Banner

Information:

Every team will paint one banner to be displayed at a location that will be approved by the Spirit Directors. **Banners MUST NOT depict alcohol and/or drug use, illegal acts, or slanderous statements, and must be sensitive to all ethnic, racial, religious, and gender groups. No banner shall contain political or controversial themes.**

Requirements:

- Each banner shall showcase the individual team theme, and the names of all chapters in that team.
- **All banner patent forms are due February 12th by 11:59 PM and should be submitted via email to gwcspirit@iastate.edu.**
- Patents can be sent in to gwcspirit@iastate.edu starting on **January 23rd**, but patents will not be approved until after the **12th** or later. Patents will be reviewed in the order they are received.
- Team banner patent revisions are due **February 26th by 11:59 PM** and should be submitted via email to gwcspirit@iastate.edu.
- Each banner must be painted on material no larger than one king size bed sheet (108" by 102"). The banner cannot exceed 36" in depth. Banners do not have to be rectangular and may be completed on any type of surface. With permission from the Spirit Directors, banners can exceed the boundaries of 108" by 102" in smaller pieces, such as additional decoration. Teams are encouraged to utilize these boundary extensions but must email us at gwcspirit@iastate.edu to get approval.
- Team banners must be displayed at a chapter facility for judgement. The final location must be submitted via patent form to gwcspirit@iastate.edu by February 12th at 11:59 PM. The team banner patent has a section where each team must write in their display chapter facility of choice.
- All banners must be hanging or standing outside of the designated chapter facility by **8:00 AM on Sunday, March 26th** (beginning of Greek Week) in order to receive full points.
- Vandalism or theft of any team's banner will result in automatic disqualification from banner points, decisions are final.

Patent Order:

Patent order will be determined on a first-come, first-serve basis. If any two or more teams have the same desired theme, the theme will be granted to the team who submitted their patent first. A picture is required to be properly approved.

Spirit: Team Banner 2023 Patent Form

Submit via email to gwcspirit@iastate.edu by February 12th by 11:59 PM

Team Name:

Title/Theme:

Team Banner Description:

Display Location (Chapter Facility):

Sketch or picture:

Spirit: Team Banner 2023 Judge's Form

Team: _____

Overall Appearance

Team banner is pleasing to look at, tasteful, and well-proportioned; _____/25
Appropriate colors are used to display the overall team theme;
The entire banner shows appropriate "Greek Week Spirit"

Design

Creativity _____/20
Creativity is shown in the design of team banner

Originality _____/20
Design of team banner is unique

Representation

Public Appeal _____/10
Team banner appeals to visitors and the general public

Workmanship _____/25
The entire team banner is carefully crafted;
Neatness and accuracy are apparent

Total: _____/100

Judge's Initials: _____

Spirit: The Greek Race

Date and Time: Sunday, March 26th at 11:00 AM – 1:00 PM

Location: Central Campus and surrounding area

Check-In Location: Central Campus

Information:

Each team will coordinate matching shirts to be worn by one representative of each chapter in the team during the competition. This competition will incorporate a competition of wits, knowledge of the Sorority and Fraternity Community, and a portion of athletic ability. The team participants will meet at Central Campus and will be sent to a specific location to answer a question. Any apparel designed must be inclusive to all chapters in the team and consider any policies and/or restrictions by which those organizations abide.

Regulations:

- Each team must select one representative from each chapter in the team to participate (4 members maximum). Each stop, the team will be asked one question that involves the Sorority and Fraternity Community. Responses will have a correct and incorrect answer.
- Participants will be given one question at each stop. If they guess the correct answer, they will receive five points.
- Teams will not be allowed to move to the next location until they have the answer.
- There will be four hints built into each question.
- Each time a hint is given, one point will be deducted.
- If a team cannot get the correct answer after the last hint, they will be given the correct answer, and zero points will be awarded.
- Points are determined on knowledge of the Sorority and Fraternity Community, use of hints, and speed. In the event of a tie, timing will be the determining factor in placement.
- The participants will also bring their flag to the competition and will run to each location with it, flags will be judged during the Greek Race, so **if flag is not present, no points will be awarded in the team flag category.**

Spirit: The Greek Race Cont.

Regulations:

- Each team must stick together. No team can receive a question if every participant is not present.
- The teams will be released in heats, three teams at a time.
- Shortcuts are **not** allowed within Campus.
- Do not destroy any property in pursuit of a question, please be respectful.
- Participants may run on sidewalks and campus lawns but must only cross streets at intersections monitored by Central and Crew.
- Interference with another team will result in disqualification. Discretion will be up to the Greek Week Spirit Directors, Executive Directors, and Sorority and Fraternity Office Staff.
- Sharing of race stops, questions, or shortcuts with other teams that have not yet completed The Greek Race will lead to a point deduction.
- The names of the three chosen team representatives and their chapters must be emailed to gwcspirit@iastate.edu on March 20th by 11:59 PM.
- **All representatives must check in at the event 20 minutes before their assigned start time.**

Points:

First Place: 80 points

Second Place: 60 points

Third Place: 40 points

Fourth Place: 20 points

****Inappropriate conduct as determined by the Office of Sorority and Fraternity Engagement staff, Greek Week Executive Directors, or Spirit Directors will result in a **disqualification** of the team for this event****

Spirit: Greek Race Release Schedule

Sunday, March 26th

Times	Teams
11:00	Greek Works
11:00	Scooby Doo & The Greek Machine
11:00	Greek School Musical
11:20	Greek Perfect
11:20	CLUE: Greek Edition
11:20	The Greeks That Never Sleep
11:40	GREEK-side Out
11:40	Arcade Greeks
11:40	Greeks of the Galaxy
12:00	The Wonderful Greeks of Oz
12:00	Greeks Through Time
12:00	Greek Powers
12:20	Greeks at the Museum
12:20	Disco Greeks
12:20	Greeks Lightning

Reminder: Release Schedule times are final and **cannot** be adjusted upon request.

Spirit: Team Flag

Information:

Each team will create a flag that will be checked in with the Spirit Directors at the Greek Race on Sunday, March 26th. Team flags are encouraged to be flown at Greek Week events to promote team spirit throughout the week. **Similar to banners, team flags MUST NOT depict alcohol and/or drug use, illegal acts, or slanderous statements, and must be sensitive to all ethnic, racial, religious, and gender groups. No team flag must contain political and controversial themes.** Each team will earn 10 points for the creation of their flag if it meets all requirements.

Requirements:

To obtain full points, teams should include on their flag their team name, overall theme, and display of all participating chapters on team.

No patents will need to be submitted for team flags. Questions about flag content can be directed to gwcspirit@iastate.edu

Flags cannot exceed 50" by 96" in size. Teams will provide their own materials.

Flag poles cannot exceed 10 feet in height and the diameter of the flag-pole must be 1 in, 1.125 in, or 1.25 in.

****Inappropriate content as determined by the Greek Week Executive Directors or the Spirit Directors will result in a **disqualification** of the team for this event****

Spirit: Overall Spirit

Information:

There will be 75 remaining spirit points that can be earned throughout different events.

Tournaments (40 points):

Each team has the opportunity to earn 10 spirit points each tournament. These points will be awarded based on crowd excitement, crowd themes, and sportsmanship.

Unsportsmanlike conduct will result in a warning or removal from the tournament until a viable substitution opportunity occurs. A second offense, or extreme first offense, will result in the loss of the 10 spirit points for that tournament. The final decision will be based on the discretion of the Executive Directors on all deductions and value of each deduction.

Food on Campus (5 points):

5 points will be earned if 50% of your team purchases a food on campus button.

Special Olympics Athlete Gift (5 points):

5 points will be earned if your team provides a thoughtful gift for your athlete by the end of Greek Week. Points will be awarded once photo proof has been sent to gwcspirit@iastate.edu.

Overall Spirit (25 points):

Teams will have the opportunity throughout the week to earn 25 additional spirit points. These points will be awarded at the discretion of the Spirit Directors. Examples of opportunities for teams to earn these points include hype videos, attendance at events throughout the week, and appearance of flag at events. Teams are to keep a positive presence on social media regarding events, other teams, and members of the Central/Crew team. If you don't follow these standards, spirit points will be deducted at the discretion of the Spirit Directors.

Spirit: Spirit Stick

A handcrafted, one-of-a-kind Spirit Stick will be presented to the team that most embodies the spirit of Greek Week and the Five Values of the Sorority and Fraternity Community throughout the entire week. The Spirit Stick judging will take into consideration Team Banner quality, team participation and enthusiasm, sportsmanship, team camaraderie, apparel creativity and design, the use and frequency of the Team Flag during Greek Week, and any other spirited activities throughout Greek Week.

Show us your spirit! Email gwsprit@iastate.edu to submit any proof of spirited activities from your team!

Keynote

Date & Time: Tuesday, March 28 2023 at 5:30 - 6:30 PM

Location: CY Stephens Auditorium

Information:

In the past, Greek Week has hosted an educational speaker that speaks directly to the struggles, triumphs, and benefits of sorority and fraternity membership. This year, we wanted to expand this keynote speaker to the Iowa State community. Greek Week Central has invited Evan Austin, a Paralympic swimmer to speak about sacrifice, failure, and resilience.

Regulations:

Members of the sorority and fraternity community will be required to check in for this event for their attendance to be counted towards their team's points. There will be designated check-in stations with Greek Week Central for members. If members choose not to check in to the event, they forfeit their attendance points that go towards their team. Doors will be open at 5:00 PM.

Teams can earn up to 130 points through their members' attendance at the Keynote event. Points will be awarded based on number of attendees relative to the team size. Maximum points will be earned if 50 percent of the team members are in attendance. If less than 50 percent of a team is in attendance, points will be calculated by taking the number in attendance divided by half of the total team. This percentage will be multiplied by the 130 points possible, and that number will be awarded to the team.

EXAMPLE: Team A has 200 total members and 50 members of their team attend the keynote event. The 50 attendees are divided by half of the team's total membership (100). This number is then multiplied by the 130 possible points. 65 points would then be awarded to Team A.

Signature Events Director

Emelia Lowe

612-270-1478

gwcevents@iastate.edu

Opening Ceremony

Date and Time: March 26th, 1-2pm

Location: Central Campus (Beardshear to Curtiss walkway)

Check-in Time and Location: 12:30pm at the Beardshear steps

Information: Greek Week Central is introducing the first "Greek Week Opening Ceremony" to kick-off the week. The celebration is inspired by traditional Olympic opening ceremonies and is intended to bring together all Greek Week teams and Special Olympic Athletes. 1 member from each chapter will walk in as a team down isle with their team flag and stand in front of Curtiss hall. Each team will have a designated spot at the ceremony. The event will feature teams, athletes, a performance, and snacks.

Requirements:

- Teams are required to have at least 25% of their team at the ceremony in addition to the Ceremony Representatives.
- Ceremony Representatives must consist of one member from each chapter on the team
- Teams must bring their team flag to the ceremony.
- Teams must have a walk out song emailed to Director of Signature Events by **March 5**.

Signature Events Director

Emelia Lowe

612-270-1478

gwcevents@iastate.edu

Greek Week Crew

Information:

Greek Week Crew/Captains are required to remain disaffiliated from their chapter and team during the entirety of Greek Week activities.

Any member of the Sorority and Fraternity Community may apply for Greek Week Crew, except for Chapter Co-Chairs. If an individual is interviewed, is selected to be on Greek Week Crew, and they accept the position, ten (10) points per individual member will be given to the team. If an individual is interviewed, is selected to be on Greek Week Crew, but he or she rejects the offer, the individual WILL NOT receive points for their team. This totals to ten (10) points per selected member. Each team may earn a maximum of fifty (50) points for interviews, regardless of the number that apply, are interviewed, or are selected. If every chapter in a team has a member apply for Greek Week Crew, that team will receive 20 additional points. If there are one or more chapters in a team that does not have a member apply for Greek Week Crew, that team will not earn any of the 20 possible points. Including interview points and application points, the maximum points a team can be awarded is 70 points. Participants who sign up to participate in an interview for Greek Week Crew and fail to attend their interviewed scheduled, will cause a 10-point deduction for their team per offense.

Requirements:

The requirements that each member must complete to be awarded the ten points for their team are as follows:

- Attend the Crew Retreat on Sunday, January 29th from 2:00-4:00PM in the Gerdin 0464.
- Attend required weekly Tuesday night meetings or make up any unattended meetings.
- Complete a minimum number of events set for Crew individuals by the directors.
- Be present all day during Olympics and Lip Sync on Saturday, April 2nd.
- Become Food Safe Certified by March 1st.
- Assist in other events (Lip Sync, Community Service/Polar Bear Plunge, Greek Awards Ceremony, Kick-Off events, Spirit events, barricades, etc.).
- Remain disaffiliated from March 26th until the end of the Greek Awards Ceremony.
- Have a minimum 2.5 cumulative GPA.

If a Crew member or Captain fails to meet the requirements (e.g., missing events or meetings), **ALL 10 points will be deducted from the entire team.**

Crew Directors

Olivia Kropp

Katie Saluk

815-281-2264

712-254-3456

gwccrew@iastate.edu

Greek Week Crew

Captains

Community Service	Marketing	Media
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Evan Jones
Hallie Hanssen

Radhika Sharma
Olivia Bell

Rachel Rydl
Lindsey Werts

Culinary	Signature Events	Spirit
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Garrett Arnold
Claire Maguire
Isabelle Elwood

Carter Jensen
MaKayla Flanigan

Krissy O'Connor
Emily Cin

Lip Sync	Sponsorship	Tournaments
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Charlie Kautz
Laney Pulliam
Sam Harris
Jadyn Peterson

Quinn Kelly

Lex Kassel
Tommy Paulsen

Olympics	Special Olympics	Technology
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Eva Vasilopoulos
Sawyer Hansen

Bailey Wuestenberg
Allison Pederson

Logan Spracklen

