

# MGC Magazine

How to Join  
Chapter  
Profiles  
& More!

Your Guide to the Iowa State University Multicultural Greek Council



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Iowa State University Multicultural Greek Council



@iowastatemgc



ISU Sorority and Fraternity Engagement

### Office of Sorority and Fraternity Engagement

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# GREETINGS!

## Welcome to Iowa State University

**A**nd greetings from the Office of Sorority and Fraternity Engagement! There are few sorority and fraternity communities across the country that are as unique, dynamic, and robust as the community at Iowa State University. Sorority and fraternity members at Iowa State consistently receive recognition at every level you could imagine: personal, chapter, regional, national, and international! For years, our community has been known as one of the best of the best. There is an incredible opportunity ahead of you if you would like.

As you think about what organization you should join, take some time to reflect on your own life. You should choose a sorority or fraternity that has similar values, ideals, principles, interests, and goals to your own. These are people you feel comfortable around. You are making a commitment for a lifetime and this is a serious decision. You need to choose a group of people you would be proud to call your sisters or brothers.

There are many great characteristics of our sororities and fraternities at Iowa State. Take the opportunity to visit with multiple chapters, look at organizations from multiple points of view, and do not feel rushed to make a decision. This commitment is just as much your decision as it is the organization's decision. Consistently, the all-community grade point average exceeds the all-undergraduate average. Our first-year retention rates and graduation rates are higher than the university averages. Sororities and fraternities at Iowa State are here to support your academic endeavors. Fraternities and sororities collectively complete more than 35,000 hours of community service and raised an average of \$53.21 per person annually for

charitable causes. There are countless leadership opportunities available to members of our community.

The Multicultural Greek Council is a vital part of our community and our history. The Multicultural Greek Council was founded at Iowa State to ensure that sororities and fraternities with cultural influences or ideals could emphasize that value through a governing council. The Multicultural Greek Council seeks to connect sororities and fraternities who represent Asian, Pacific Islander, Latino, Latina, Latinx, Multicultural, Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, and Allied identities. The eight organizations that compose this council were founded nationally between 1929 and 2003 and locally established at Iowa State between 1992 and 2015.

Identity based organizations such as those in the Multicultural Greek Council play a key role in student development. Students in these organizations develop bonds of siblinghood, sisterhood and brotherhood and create a sense of belonging among members. While membership in these organizations is open to people of all backgrounds, the mission of supporting a particular identity associated with the organization is critical to the organization's success.

Joining a fraternal organization is a huge commitment. Have fun with this process as you consider making an incredibly important lifelong commitment. Sororities and fraternities at Iowa State have a plethora of success stories but central to all of our organizations is the commitment to friendship.

*Billy Boulden*

**BILLY BOULDEN**

**ASSISTANT DEAN OF STUDENTS,  
DIRECTOR OF SORORITY AND  
FRATERNITY ENGAGEMENT**



# ABOUT

## THE SORORITY & FRATERNITY COMMUNITY

**F**raternities and sororities have been an integral part of Iowa State University (ISU) since 1875 and have enhanced the lives of thousands of students and alumni. The Iowa State University sorority and fraternity community offers outstanding opportunities to get involved in leadership, philanthropy, and service while striving academically. Joining the Iowa State University Sorority and Fraternity Community will provide students with the opportunity to meet many friends and become involved on campus and in the community.

**The Sorority and Fraternity community focuses on five key values including: academics, civic engagement, friendship, leadership, and social justice.**

**FOR MORE INFORMATION**  
**[sfe.dso.iastate.edu](https://sfe.dso.iastate.edu)**



# OUR COMMUNITY'S

# VALUES

**Academics.** The sorority and fraternity community prides itself on holding high academic standards for its members. It consistently holds a higher GPA (3.19 fall 2021) than the all-university undergraduate average (3.10 fall 2021). Student retention is also stronger among the sorority and fraternity community than with unaffiliated students.

The Greek Academic Achievement Plan (GAAP) was developed between the Academic Success Center and the Office of Sorority and Fraternity Engagement to support chapters looking to enhance their academic achievement. Chapters collaborate with the Academic Success Center to provide effective scholarship programs, study skills, and individual academic planning.

**Civic Engagement.** Each semester, chapters participate and conduct fundraisers for charitable organizations of their choice. The sorority and fraternity community raised on average \$53.21 per member annually for local and national organizations. Some organizations include the Special Olympics Iowa, Children's Miracle Network, local shelters, emergency residence projects, and many more. The community hosts and provides opportunities for community service events including the annual Fraternity and Sorority Trick-or-Treat event, community clean up, visiting local schools and many other opportunities. The community donates over 35,000 hours annually to community service initiatives.

**Friendship.** Joining a sorority or fraternity provides members an opportunity to foster lifelong friendships and countless memories through a “home away from home” environment. Chapters participate in many social events within the chapter, exchanges with other sororities and fraternities, and connections with other on-campus student groups. Through events such as Homecoming and Greek Week, chapters interact with peers to create siblinghood among members. The friendships built through a sorority and fraternity experience extend beyond college and serve as a foundation and network for your future. Mentoring opportunities after graduation with chapter alumni, advisers, graduate chapters, inter/national staff, and representatives provide members networking opportunities for many years.

**Leadership.** There are many ways students can get involved as a sorority and fraternity leader. The first is through chapter leadership, where students can serve in a leadership role internally to support the vision and mission of their organization. Leadership roles provide members with experience budgeting, event planning, conflict resolution, team management, and enhance critical thinking skills. Sorority and fraternity students also play a significant role in campus organizations and community activities through the city of Ames.

**Social Justice.** Iowa State University sorority and fraternity chapters offer diverse experiences for members. Chapters engage in critical conversations about inclusion, diversity and challenging inequalities by exposing members to opportunities they may not otherwise experience. By partnering with campus departments including The Center for LGBTQIA+, Student Success, Margaret Sloss Center for Women and Gender Equality, Student Accessibility Services, and more, chapters learn about differences and similarities between and among the community. The sorority and fraternity community promotes social justice through educational programming and creating opportunities to bring awareness and change. Additionally, the community welcomes all students to join our variety of chapters which provide a vast array of opportunities to help each individual student succeed at Iowa State University.



# MGC

## MULTICULTURAL GREEK COUNCIL

**Reyna  
Hernandez  
Martinez**  
VP of Council  
Operations



**Javier  
Herrera  
Ramirez**  
VP of Programming



**Gabrielle  
Comstock**  
VP of Finance



**Roger  
Villeda**  
VP of Scholarship



**Kelly  
Nguyen**  
VP of Community  
Outreach



**Tiffany  
Contreras**  
MGC Advisor



The Iowa State Multicultural Greek Council (MGC) is home to eight organizations, including three fraternities and five sororities.

The Multicultural Greek Council serves to improve and create dialogue and cooperation between parallel-goaled organizations. Membership includes fraternities and sororities that have an element of culture and identity as a foundation, including Latinx, Asian/Pacific-Islander, LGBTQIA+ and multicultural. The Multicultural Greek Council is governed by peer-elected leaders who serve the community to create opportunities for collaboration, scholarship, community service events, promotional opportunities, and programs for cultural awareness.



Hector De La Cruz

MULTICULTURAL GREEK COUNCIL PRESIDENT

**“If having a community that is constructed around the principles of inclusion, diversity, leadership, and much more, the Multicultural Greek Council is the place for you. Throughout the years MGC has grown its members and along with its members, the culture within the community has enriched as well. A culture that cultivates friendships, connections, and life long bonds. If you want to be involved in the culture of MGC, while also being able to engage in opportunities to explore yourself as an individual. Know that MGC is the community you are looking for.”**

# HOW TO JOIN

The need for a space for student with marginalized identities in college was met through the creation of organizations focused on their identity. This led to the creation of different culturally-based and identity-based organizations (CBFOs). Now there are over 100 culturally-based sororities and fraternities across the nation that make up the sorority and fraternity community. Culturally-based fraternal organizations were created to bring awareness and support for specific identities such as LGBTQIA+, Asian-American/Pacific Islander, African-American, Latino/a/x, and Multicultural communities. CBFOs existing specifically at predominantly white institutions are recognized as a space for support and advocacy for marginalized communities.

## RECRUITMENT & INTAKE

Each chapter in the Multicultural Greek Council (MGC) has a different process to join. Because of this, it is recommended for those who are interested in joining this council or a specific chapter in this council is to attend Meet the Greeks in the Fall or Spring semester. Meet the Greeks is an opportunity to to meet and learn more about each chapters and the council altogether. In addition to Meet the Greeks, interested students should start looking into chapters and learn more about each one! Part of this should include, looking at social media accounts of chapters, reviewing local and national web sites for each organization, and attending events.

Connecting with the Sorority and Fraternity Engagement Office or the MGC President ([mgcpresident@iastate.edu](mailto:mgcpresident@iastate.edu)) is another great way to learn more and get all your questions answered.

You can join a Multicultural Greek Council organization through membership intake or recruitment. Membership intake is a formal process which requires meetings, an application, an educational process and sometimes an interview. Recruitment is less formal but still may require meetings, attending events, and an application depending on the organization. The Multicultural Greek Council organizations look for an established Iowa State GPA, commitment to service, and a commitment to serving and advocating for the identities represented by the organization.



## TIPS TO HELP PREPARE YOU

## TO JOIN YOUR CHAPTER OF CHOICE:

**EARN THE GRADES** It is important that you excel in academics at Iowa State by focus on exceeding the minimum GPA requirement. Utilize the services provided by the Academic Success Center and Writing and Media Center to help yourself thrive.

**GET TO KNOW THE MEMBERS AND THE ORGANIZATIONS** Whether you are extremely familiar with sororities and fraternities, or know nothing at all, it is important that you get to know the members and the organizations AND for the members to get to know you. Use the beginning of the semester to attend each chapters' events and informational meetings to determine the best fit for you. You can learn of events and meetings from various campus event calendars, sign-up on chapters email list, follow chapters on social media, or look for flyers around campus.

**LEARN MORE** Take time to look at organizations web sites and learn about their history, major programs, initiatives, and purpose. Use this to determine which organizations you want to pursue membership in.

**SERVICE HOURS** Giving back to the community is an important part of the culturally based fraternal organizations. Chapters volunteer weekly, monthly, and annually in areas of need in the community. Consider maintaining a consistent volunteer relationship with one organization.

**RECOMMENDATIONS** Many of the chapters require letters of recommendation as a requirement for membership. The recommendation letters can come from mentors, employers, professors, as well as members from the organization. Be sure to remain in contact with people you know and develop key relationships with faculty and staff on campus.

**INVOLVEMENT AND LEADERSHIP** Another requirement for some chapters is having current involvement on campus or in the community. Find an organization to join and be an active participant by serving on a committee or in a leadership role.

**STAY ENGAGED** Multicultural Greek Council organizations use social media, as well as, campus promotional services to let the public know about their upcoming events. Being engaged within the community is a perfect way to learn more information about specific organization you may be interested in. The path to joining is a journey, so enjoy it!



# MEET THE

# GREEKS

**Every semester, the Multicultural Greek Council hosts a Meet the Greeks event that serves as recruitment event that is open to all interested students.**

Through this event, students get the chance to learn more about the council and get connected with members of our 8 organizations. There is no fee or pre-registration required to attend Meet the Greeks. However we do have some tips to prepare you for to get the most out of attending Meet the Greeks:

**LEARN ABOUT THE ORGANIZATIONS.** Visit our Sorority and Fraternity Engagement website to find out which organizations will be present at the event. From there, we encourage you to visit each organization's national website to see which one interests you. Look at their purpose, their mission statement, what they represent and how that relates to you.

**BE OPEN-MINDED.** Meet the Greeks is all about knowing your options and what is going to be the best fit for you. Make sure to visit all chapters to see what they can offer you and what you can offer them. Get to know the people there - this will ultimately be the council you are joining!

**SHARE YOUR STORY.** Members are really interested in getting to know you, so be sure to introduce yourself and share anything about yourself that you are comfortable with sharing. This allows members to also connect and relate with you, and to help you learn about their organization or lead you to another organization that will better suit you.

**ASK THEM FOR THEIR “WHY”.** Ask members why they joined or what has been the favorite part of joining. Maybe you can find similarities or connect while sharing stories with one another.

**HAVE SOME QUESTIONS PREPARED.** After looking at the organization's information, draft up some questions to ask members to further your curiosity and interest. Members love when you already have some questions in mind as it allows them to share as much as you want to know about their organizations.

## MGC History

The interest to create a new council was first introduced by members of Sigma Lambda Beta International Fraternity, Inc. and Sigma Lambda Gamma National Sorority, Inc. in 2005. Both organizations felt a need for a council that put cultural awareness at the forefront of its mission.

Through their persistent efforts, the Multicultural Greek Council was created. MGC membership is open to all races, ethnicities, religions, gender identity and sexual orientations. As listed in the constitution of the Multicultural Greek Council, “The mission of the Multicultural Greek Council is to foster development of the sorority and fraternity community through leading, serving, and advocating on behalf of its member organizations and the diverse identities that they hold. To this end we strive to uphold the ideals of friendship, equity, and diversity.

# DELTA PHI LAMBDA SORORITY, INC.

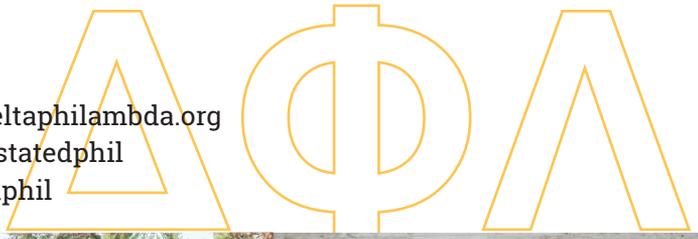


Delta Phi Lambda has been instrumental in fostering my personal and professional growth. The sorority has not only provided me with numerous opportunities, but has also allowed me hold leadership positions that have shaped me into a more confident individual. The sorority fosters the importance of being NOT Asian-Exclusive! If you are seeking to cultivate meaningful relationships, make a positive impact in the community, and pursue professional development, I wholeheartedly invite you to join Delta Phi Lambda!

*Kelly Nguyen*

**Delta Phi Lambda Sorority, Inc.  
Chapter President**

**Website:** [iastate.deltaphilambda.org](http://iastate.deltaphilambda.org)  
**Instagram:** @iowastatedphil  
**Facebook:** iastatedphil



## QUICK FACTS

**Motto:** Let Our Light Shine Forth

**National Founder's Day:** December 5th, 1998

**Local Founder's Day:** March 1st, 2015

**Philanthropy:** Osteoporosis Awareness (American Bone Health)

**What makes your chapter unique?** Delta Phi Lambda Sorority, Inc. Nu Chapter is a non Asian-exclusive sorority to create an inclusive environment. We provide personal and professional opportunities through traveling, networking, philanthropy, community service, campus, multicultural events, leadership opportunities, and national conventions. We help support in funding for study abroad for our members and expenses for national convention. Sisters celebrate their diverse shared experiences through an Everlasting Sisterhood® to create a home away from home.

**Chapter Fun Fact(s):** Our sorority animal is a butterfly, so one of our nicknames is the butterflies!

**Colors and Flower:** Navy Blue & Silver; Blue Rose

**Community Service Requirements:** 5 Hours

**Required College GPA:** 2.70

# GAMMA RHO LAMBDA NATIONAL SORORITY



When I first came here I wasn't even sure if I wanted to join a greek organization. But then I saw a booth with the color purple, sunflowers, and rainbows everywhere at DIS, I had to check it out. Once I talked with the members, I thought it might be interesting, so I went to a few events they were hosting and got a sense of family. Now my sorority is my family here. They are my biggest supporters with anything I want to do in life. I think if you are looking for a close family-like bond, you should consider joining us. If you are looking for an LGBTQIA+ or Multicultural organization to join or support, you should consider us. Being a part of a Multicultural Greek Council or MGC is a great way to meet like-minded people wanting to make a change as well as supporting the community as a whole.

*Skyler Wolsch-Gallia*

**Gamma Rho Lambda  
Chapter President**

**Instagram:** @grlomicron  
**Facebook:** glromicron



## QUICK FACTS

**Motto:** Truth in tolerance, knowledge through diversity, bonds of unity, strength in trust.

**National Founder's Day:** November 20, 2003

**Local Founder's Day:** April 19th, 2014

**Philanthropy:** Every year, we do a fundraiser to donate to an LGBTQIA+ organization.

**What makes your chapter unique?** We are open to anyone and everyone under the sun. We as a sorority do not have sisters, we have siblings, as we respect everyone's pronouns. We also tend to be cheaper than some of the other bigger sororities in terms of dues. We are a small chapter, but we enjoy it because then you get to know all your siblings really well and have solid bonds.

**Chapter Fun Facts:** We were one of the very first multicultural LGBTQIA+ sororities. We currently have 20 active chapters! Our first chapter was founded at Arizona State University. We as a chapter love to craft and to bond with siblings. We also love to go get bubble tea!

**Colors and flower:** Our colors are black and purple, our flower is a sunflower.

**Community Service Requirements:** 5 Hours

**Required College GPA:** 2.5 or higher

# LAMBDA THETA ALPHA LATIN SORORITY, INC.



As a member of Lambda Theta Alpha Latin Sorority, Inc. I have learned what it is like to be in a truly great sisterhood. This sisterhood has become a home away from home, especially with how close we all are. I have loved and enjoyed every minute because I am able to be myself while also building close connections with those around me. Our principles are unity, love, and respect and they are the basis of everything we do. Because of our three principles, I grow as a sister, student, and person overall! Lambda Theta Alpha Latin Sorority, Inc. is an organization that is strong, loving, fearless, and overall just beautiful!

*Odaly Perla*

**Lambda Theta Alpha Latin Sorority, Inc.  
Zeta Gamma Chapter**

**Chapter Website:** [ltazgchapter.wixsite.com/zgmade](http://ltazgchapter.wixsite.com/zgmade)  
**Instagram:** @lta\_zetagamma  
**Facebook:** @LTAZetaGamma



## QUICK FACTS

**Motto:** Latin by Tradition, Not by Definition

**National Founding Date:** December 1, 1975

**Local Founding Date:** April 13, 2014

**National Programs:** Philanthropy: St. Jude Children's Research Hospital

**What makes your chapter unique?** Every Spring, the Zeta Gamma Chapter of Lambda Theta Alpha Latin Sorority, Inc. hosts our annual Acts for St. Jude talent show to raise funds for our National Philanthropy, St. Jude Children's Research Hospital. Acts for St. Jude is a talent that is composed of ISU college students and organizations who perform and raise funds from the audience. The performer with the most funds is the headliner for the event.

**Fun fact about your chapter:** The Zeta Gamma Chapter of Lambda Theta Alpha Latin Sorority, Inc. is the first LTA Chapter in Iowa!

**Colors / Principles / Symbol:** Colors: Burgundy and Grey; Principles: Unity, Love, and Respect; Symbols: Perlas, Palma, Concha, and the Crescent Moon

### Membership Requirements:

- Community Service Requirements: 8 hours
- Required GPA: 2.75
- Required Credits: 12 ISU credits

**Estimated Membership Fee:** about \$150 per semester/ \$300-400 for new members

# LAMBDA THETA NU SORORITY, INC.

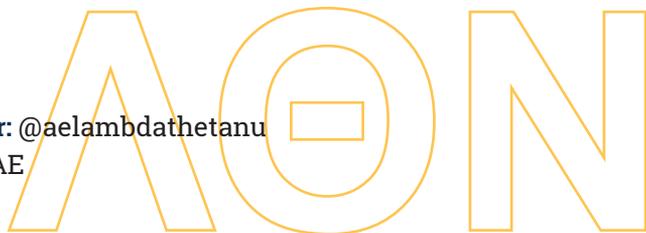


My experience in this chapter has been rewarding, inspiring, motivational, and one of the greatest opportunities I've been given. This chapter has made me so proud, as we've bloomed so many silver roses into working professionals through our networking and academic pillars. This sisterhood has bonded us, and I couldn't be more grateful for this wonderful bright group of women empowering each other to be amazing each and every day, whatever field of interest it may be. Lambda Theta Nu Sorority Inc. continues to be the best organization you can find yourself in.

*Christina Nguyen*

**Lambda Theta Nu Sorority, Inc.  
Chapter President**

**Instagram & Twitter:** @aelambdathetanu  
**Facebook:** LambdaAE



## QUICK FACTS

**Motto:** Turning Women into Professionals

**National Founder's Day:** March 11th, 1986

**Local Founder's Day:** April 14th, 2007

**Philanthropy:** Tijeras

**What makes your chapter unique?** Lambda Theta Nu Sorority, Inc. is the only Latina-based, but not exclusive sorority that uses machetes in stepping and strolling. We also hold a Latina Youth Leadership Conference annually to directly connect with Latinx youth in our local communities who are looking to pursue higher education in Iowa or elsewhere.

**Chapter Fun Fact(s):** We use machetes as one of our symbols. machetes represent breaking down machismo (toxic masculinity) within the Latinx community.

**Colors and Flower:** Silver, Burgundy, & White; Flower: Silver Roses

**Required High School GPA:** For first semester freshmen, 3.0

**Required College GPA:** 2.7 (2.8 for transfer students)

# LAMBDA THETA PHI LATIN FRATERNITY, INC.



We as a chapter are proud to have created an event called Latino Family Visit Day, which is a campus visit day that happens once every semester.

This campus visit day is held in Spanish and the number of guests has increased each semester. With this visit day we want to provide the needed information to many Latino High School students in order to increase the Latinx student population in Higher Education. We provide a scholarship for one recipient who attend the Latino Family Visit Day as well. This is one of our many great events in which we service the community for the better.

We are a small chapter, but we value every single member in this chapter/ brotherhood and see each other as a family. We seek out each other's strengths and weaknesses and help each other to become leaders, that is what makes this chapter so special.

*Roger Castillo Ramos*

**Lambda Theta Phi Latin Fraternity, Inc.  
Chapter President**

**Instagram:** @iowastatelambdas  
**Facebook:** IALambdas



## QUICK FACTS

**Motto:** Chivalry Above Self

**National Founder's Day:** December 1st, 1975

**Local Founder's Day:** November 5th, 2011

**Philanthropy:** Congressional Hispanic Caucus Institute

**What makes your chapter unique?** We are the first chapter at Iowa State to host a College Visit Day given only in Spanish.

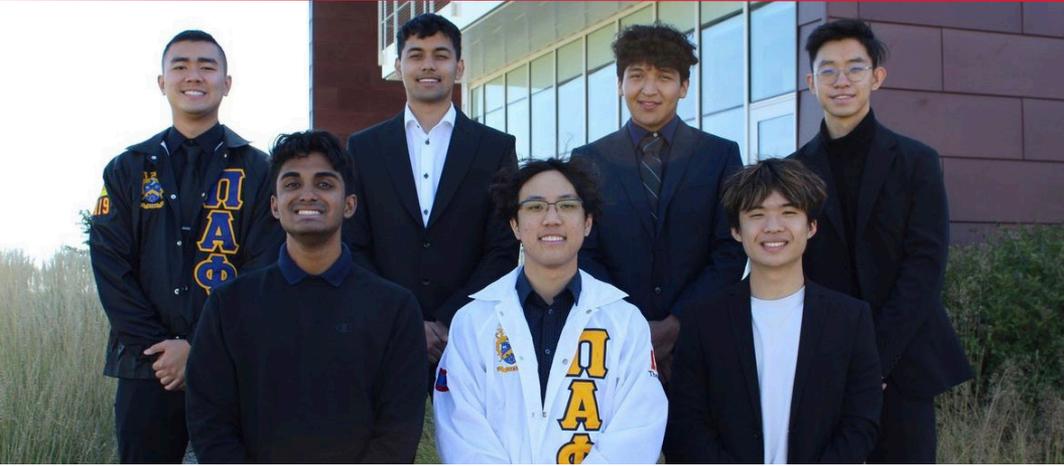
**Chapter Fun Fact(s):** Host a Annual Taco sale in Collaboration with Lambda Theta Nu Sorority Inc. to raise funds for the Gamma Chi scholarship. Also host a Silent Auction to raise funds for C.U.R.E (Citizens United in Research for Epilepsy) in collaboration with Sigma Lambda Gamma National Sorority Inc.

**Colors and Flower:** Brown and White. White Carnations

**Community Service Requirements:**

**Required College GPA:** 2.5

# PI ALPHA PHI FRATERNITY, INC.



Pi Alpha Phi is an Asian-American Interest Fraternity founded on our pillars of Academic Excellence, Asian-American Awareness, Brotherhood, Leadership, and Philanthropy.

**Pi Alpha Phi Fraternity, Inc.  
Psi Chapter**

**Email:** isupaphi@gmail.com  
**Instagram:** @isupaphi

# ΠΑΦ



## QUICK FACTS

**Motto:** A Tradition of Excellence Since 1929

**National Founder's Day:** February 1st, 1929

**Local Founder's Day:** December 5th, 2014

**Philanthropy:** Join Jade

### What makes your chapter unique?

- Our brothers have a monthly brotherhood dinner where we meet up and just hang out with each other and have fun.
- We have an reveal showcase every semester to show off our new members for that semester where they put on a show for the community. Afterwards, any organizations are able to stroll (unified dance).

### Chapter Fun Fact(s):

- We have an annual event called Pi Alpha Pho where we cook up Vietnamese Pho and sell to the community at Iowa State.
- Our fraternity nickname is the Pineapples.
- We are the first Asian-interest fraternity in the United States.

**Colors and Flower:** Berkeley Blue & California Gold

**Required College GPA:** 2.50

# SIGMA LAMBDA BETA

## INTERNATIONAL FRATERNITY, INC.



SLB emphasizes cultural awareness, academic excellence, community service, and brotherhood for the future multicultural leaders of tomorrow. SLB has a wide range of experiences, cultures, and ideals. And together we stand tall with support for one another and a unified goal of success for all.

*Hunter Davenport*

**Sigma Lambda Beta International Fraternity, Inc.**  
**Chapter President**

**Website:** [sigmalambdabeta.com](http://sigmalambdabeta.com)  
**Facebook:** @iowastatebetas  
**Instagram:** @iowastatebetas



## QUICK FACTS

**Mission Statement:** "To nurture and further a dynamic, values-based environment which utilizes our historically Latino-based fraternity as a catalyst to better serve the needs and wants of all people."

**National Founding Date:** April 4, 1986

**Local Founding Date:** April 12, 1992

**National Programs:** CPR Awareness, Testicular Cancer Awareness, American Heart Association

**What makes your chapter unique?** Charity Bowl is an opportunity for members of Sigma Lambda Beta, (both undergraduates and alumni), to come back to the Ames community, bowl, and give back to a local charity. Funds are donated to ACCESS (Assault Care Center Extending Shelter and Support) in order to combat sexual abuse and domestic violence in Story County. Charity Bowl was initially started at a bowling alley on Duff Avenue and has grown to the new bowling alley in West Ames. At one point, thousands of dollars were donated to a local charity. If contacted 6-9 months in advance, local businesses would also donate as well.

**Fun fact about your chapter:** We like to replicate photos from the Multicultural Greek Council's sororities all in good fun.

**Colors and Flower:** Royal Purple and Pure White; Red Carnation

**Membership Requirements:** Required GPA: 2.5 cumulative ISU established GPA; Incoming freshman 3.0 or higher

**Estimated Membership Fee:** \$135 per semester for Active Members; Incoming members one-time payment of \$350

# SIGMA LAMBDA GAMMA NATIONAL SORORITY, INC.



Our sisters are so excited to meet you and understand what you are seeking in a sisterhood. We truly believe there is a place for everyone to call home on campus. I found SLG during my first year at Iowa State University. It was my first time away from my family in Puerto Rico, and I needed a group of strong women to support me on campus. The first SLG event I went to was during recruitment week, Painting with the Gammas. This gave me the opportunity to meet active sisters and learn more about the sorority. I quickly became close with the women in the chapter and we began to study together and hang out as friends. I continued to support SLG events and build relationships with SLG sisters. Soon after that, I realized this was a community I wanted to join and contribute to the chapter's success. During the Fall 2018 semester, I completed SLG's Associate Member Education Program and became a proud sister of Sigma Lambda Gamma. Culture is Pride, Pride is Success!

**The Sigma Lambda Gamma  
National Sorority, Inc.**





**National Website:** [www.sigmalambdagamma.com](http://www.sigmalambdagamma.com)

**Chapter Website:** [iowastategammas.wixsite.com/iowastateslg](http://iowastategammas.wixsite.com/iowastateslg)

**Chapter Instagram:** @iowastategammas



## QUICK FACTS

**Mission Statement:** Sigma Lambda Gamma strives to be the premier organization committed to providing a mechanism of empowerment to all women.

**Motto:** "Culture is Pride, Pride is Success"

**National Founding Date:** April 9, 1990

**Local Founding Date:** April 11, 1992

**National Programs:** Breast Cancer Awareness & TRiO Programs

**What makes your chapter unique?** Our chapter is the Gamma Chapter of Sigma Lambda Gamma National Sorority, Inc. This means we are the third chapter ever of our sorority! A tradition among our chapters is for each to have a unique nickname that begins with the same letter as our chapter, making us the Glorious Gamma Chapter!

**Fun fact about your chapter:**

- In SLG instead of having a big/little we have moms and daughters, so when you're initiated you literally become a part of a family!
- One of our favorite activities to do as a chapter includes hosting our annual event called Rent-A-Puppy! This event we have the opportunity to host many puppies from different shelters and have them on Central Campus for students to play and have their days brighten.

**Colors / Flowers / Symbols:** Colors: Shocking Pink and Majestic Purple; Flower; Pink Rose; Stone: Amethyst; Mascot: Purple Panther

**Membership Requirements:** Community service requirement of 5 hours per semester, and a required GPA of 2.75/4.00.

**Estimated Membership Fee:** \$300

# TERMS TO KNOW

**ACTIVE MEMBER:** a fully initiated undergraduate member of a sorority/fraternity.

**ALUMNI/ALUMNA:** an initiated sorority/fraternity member who has completed their course of study and graduated from the university.

**BEDROOM-STYLE LIVING:** similar to the traditional residence hall.

**BID:** a formal invitation given by a chapter asking a prospective member to join the chapter.

**CALLS:** a unique vocal expression attributed to an organization. Calls are special to members and should not be replicated by non-members.

**CHAPTER:** the local membership of an inter/national fraternal organization.

**COLD AIRS:** a large, common sleeping quarter with bunked beds. Traditionally windows are kept open year-round, but recently many cold airs are heated/cooled appropriate to the season. Chapter members have two to three people within one living quarters separate from cold airs.

**COLLEGIATE PANHELLENIC COUNCIL (CPC):** the governing body for all Iowa State University sororities in the National Panhellenic Conference and one affiliate group.

**COLONY:** a fraternal membership that has received approval from the University Committee on Fraternities and Sororities and recognition from one of the governing councils but is in a trial period with their inter/national organization.

**CONTINUOUS OPEN BIDDING:** an informal process of recruitment that some Collegiate Panhellenic Council chapters will engage in each academic year.

**CROSSING:** a term used to indicate that a new member has been fully initiated into a group.

**FRATERNITY:** a Greek-letter sisterhood, siblinghood or brotherhood.

**GREEK:** the name applied to affiliated sorority and fraternity members.

**HAND SIGN:** a symbol or gesture made with the hands to signify an organization. Hand signs are special to members and should not be replicated by non-members.

**INFORMATIONAL:** a forum for individuals interested in seeking more information about a particular sorority or fraternity.

**INTERFRATERNITY COUNCIL (IFC):** the governing body for 30 Iowa State University fraternities; many groups are members of the North-American Interfraternity Conference.

**INITIATION/ACTIVATION:** the traditional ritual or formal ceremony of induction that marks the transition to full membership in a sorority/fraternity.

**LEGACY:** a prospective member whose grandparents, mother/father or sister/brother is an alumni of a sorority/fraternity.

**LINE:** group of individuals going through the membership intake process. Another term is new member class.

**MEMBERSHIP INTAKE PROCESS (MIP):** a process by which interested persons become members of most MGC and NPHC organizations. Generally characterized by an informational meeting, an application process, an interview or series of interviews and an educational process.

**MULTICULTURAL GREEK COUNCIL (MGC):** the governing body for fraternities and sororities at Iowa State with culture and identity as a foundation.

### **NATIONAL APIDA PANHELLENIC**

**ASSOCIATION:** National APIDA Panhellenic Association (NAPA) is a collective group of leaders within the Asian Pacific Islander Desi American community who work together to advocate, collaborate, and educate their members and constituency for the greater good.

### **NATIONAL ASSOCIATION OF LATINO FRATERNAL ORGANIZATIONS**

**(NALFO):** The National Association of Latino Fraternal Organizations (NALFO) is an umbrella council for 16 Latino Greek Letter Organizations established in 1998.

### **NATIONAL PANHELLENIC**

**CONFERENCE (NPC):** an organization composed of 26 member women's sororities.

### **NATIONAL PAN-HELLENIC COUNCIL**

**(NPHC):** a national governing organization of nine historically African-American fraternities and sororities. Iowa State University has a local council to help govern the chapters represented on campus. This council is also called the Divine Nine.

### **NATIONAL MULTICULTURAL GREEK**

**COUNCIL:** The National Multicultural Greek Council (NMGC) is an umbrella council for a coalition of Multicultural Greek-letter organizations (MGLOs) established in 1998. The NMGC serves in an advisory capacity to its member organizations. Each member organization is autonomous as a Greek-letter society.

**NEOPHYTE (NEO):** A term some organizations use to refer to a new member of a sorority or fraternity.

**NEW MEMBER:** a prospective member from the time the member accepts a bid to affiliate until the time the member is initiated. Each organization and council use a variety of terms to identify their new members as new members.

**NEW MEMBER PRESENTATION:** a presentation where new members of many MGC and NPHC organizations present themselves as initiated members of their organizations to the campus community.

**NEW MEMBER PROGRAM:** the education and resources chapters provide to new members to help them be successful in the organization and in the classroom. Typically chapters teach about the history and values of the organization.

**NORTH-AMERICAN INTERFRATERNITY CONFERENCE (NIC):** an organization composed of 50+ national member men's fraternities.

**PARAPHERNALIA:** articles of clothing, accessories, props, or jewelry that a member may wear or possess that shows pride in their organization.

**PHILANTHROPY:** a charitable fundraiser sponsored by a fraternity or sorority.

**POTENTIAL MEMBERS:** undergraduate students interested in becoming a member of a sorority/fraternity.

**RECRUITMENT:** the continual process of encouraging men and women to become members of the sorority and fraternity community.

**SALUTING:** similar to military-style of greeting, members of an organization can praise a particular member within their organization or to honor the organization's past and current accomplishments.

**SOROR:** another term used to refer to one's sorority sister.

**SORORITY:** a Greek-letter siblinghood or sisterhood.

**STROLLING:** organization members move together in a line expressing pride for their organization. In this line, members may express their pride through use of their organization's call, sign or historical information, ritual/custom dances, etc. All of this is done through movements that are unique to a particular organization and should not be mimicked.

**SUITE-STYLE LIVING:** three to six people sharing a common living space.

### **THE OFFICE OF SORORITY AND FRATERNITY ENGAGEMENT:**

University staff offering support and resources to the four governing councils and 60+ chapters on campus.

# FAQ

**Q: I'm worried about managing my time being a member of a sorority or fraternity. How much time does chapter membership take?**

Similar to other clubs and organizations, the more time you dedicate to membership, the more opportunities and adventures you will experience. The time commitment varies from chapter to chapter. The first semester is generally a weekly meeting when members go through the chapter's member education program. The majority of the chapter new member programs are six to eight weeks; these programs allow the member an opportunity to develop their leadership and time management skills, learn about the history of the organization, develop friendships and become more involved. Each chapter has a weekly chapter meeting and other required events, including initiation, recruitment and philanthropic activities throughout the year.

**Q: Why are there some things members can't talk about? What's the big secret?**

Members often participate in ceremonies while becoming an active member of that organization. These ceremonies often are referred to as rituals. Each organization prides themselves on the rituals that their chapters were founded upon. These rituals are full of the traditions and values that make the chapters unique, having been conducted for many years. However, these rituals should not be confused with hazing and other inappropriate activities. In some cases these rituals are not secret.

**Q: What will I get from joining a chapter that I would not get from any other college organization?**

Coming to college is one of the major life changes that you will go through. Joining a chapter will help make the transition easier. Developing lifelong friendships with the members in the chapters helps make the campus seem smaller. For many members, these chapters become a home away from home. In addition to the friendship, every chapter is dedicated to enhancing academics, civic engagement, leadership and social justice.



**Q: How much does it cost?**

There are many scholarships awarded to sorority and fraternity members through their local chapter, inter/national organization and through Iowa State University.

**Q: As a family member, how can I support my student?**

It is important for family members to continue to be a support system for their student. One of the key components for the support is empowering students as they navigate the Sorority and Fraternity experience. Encourage your student to gather as much information as possible before they make the decision to join a fraternal organization. It is important that you discuss financial obligations and the time commitment before your student enters a recruitment or intake process with a fraternity or sorority. This will be an exciting time of new experiences in your student's life and your support will be invaluable.

Tips for supporting your student during the recruitment/intake process:

- Allow your student to make their own decision
- Learn as much as you can about sorority and fraternity life and the membership experience
- Keep an open mind
- Talk to your student about the financial obligations and membership requirements
- Just because you're a sorority or fraternity alumnus, doesn't mean your student is interested in the opportunity
- Keep the Office of Sorority and Fraternity Engagement contact information available. Please contact us if you have questions.

# ADDITIONAL INFORMATION

## UNIVERSITY SUPPORT AND RESOURCES

The sorority and fraternity community is supported by Iowa State University through administrative resources and collaborative support. While each of the local chapters and governing councils are self-governing organizations, the Office of Sorority and Fraternity Engagement serves as the link between the fraternities and sororities and Iowa State University. Staff in the Office of Sorority and Fraternity Engagement provide resources and support for the sorority and fraternity governing councils, inter/national organizations, local advisers, and prospective students. The Office of Sorority and Fraternity Engagement staff also utilizes a liaison structure for the individual chapters, which pair up a staff member with each chapter to receive direct support concerning individual chapter needs. The Office of Sorority and Fraternity Engagement is a unit within the Dean of Students Office, which is part of the Division of Student Affairs. Many staff and faculty members serve in advisory positions to our sorority and fraternity chapters.

## GREEK ALPHABET

A	alpha	Θ	theta	Ρ	rho
B	beta	Ι	iota	Σ	sigma
Γ	gamma	Κ	kappa	Τ	tau
Δ	delta	Λ	lambda	Υ	upsilon
E	epsilon	Μ	mu	Φ	phi
Z	zeta	Ν	nu	Χ	chi
H	eta	Ξ	xi	Ψ	psi
		Ο	omicron	Ω	omega
		Π	pi		

## ANTI-HAZING POLICY

Iowa State University has a zero-tolerance policy regarding hazing. The sorority and fraternity community shares the university's definition of hazing in the Iowa State University Student Code of Conduct, which includes hazing as any intentional, knowing, or reckless action, request, or creation of circumstances that may include, but is not limited to, the following; endangers the mental or physical health or safety of any person; or causes or presents a substantial risk of physical injury, serious mental distress, or personal humiliation to any individual; or involves any act solely based on the classification status of a student; or involves the damage, destruction or removal of public or private property; or involves impairment of physical liberties, such as sensory deprivation, kidnapping, isolation, sleep or meal deprivation, and personal servitude; involves a violation of local, state, or federal law or university policy; or otherwise creates an interference with academic endeavors, and is in connection or associated with initiation or admission into, or continued membership in, or elevating status within any recognized student organization or group affiliated with the university, including but not limited to, any student, campus, fraternal, academic, honorary, musical, athletic, or military organization. Apathy or acquiescence in the presence of hazing are not neutral acts, they are violations of this section.

Each student will sign that they understands this policy when they sign their membership acceptance card (bid card) with the chapter that they join. Hazing may be reported to the Office of Sorority and Fraternity Engagement, the Office of Student Conduct, Iowa State Police Department, or the Dean of Student Office, which is part of the Division of Student Affairs. Many staff and faculty members serve in advisory positions to our sorority and fraternity chapters.

